



2022-2023 SAFETY AND SECURITY YEAR : CURRENTLY ONGOING



The Literacy year 2022-2023 Safety and Security Literacy year is very relevant and vital in today's scenario. Security and safety challenges are the most important issues of modern times. Safety is an important part of life that people sometimes overlooked until it costs them money or personal discomfort. Safety and security represent many things, including a stable income, consistent housing, clothing, and food supplies as part of the predictability of daily life, protection from crime, and psychological security. Security and safety challenges rank among the most pressing issues of modern times, Challenges such as, Women Safety, Financial Safety, Cyber-safety, Road Safety, Food Safety, Safety from environmental hazards etc., impact our lives in different ways. Facilitated by developments such as globalization and the spread of technologies, new safety and security challenges arise. Our theme of Literacy year for the academic year 2022- 2023, will help our staff and students to understand complex modern-day safety and security challenges and the ways to deal with them



2021-2022 FITNESS LITERACY YEAR:



LOGO

The Literacy Year 2021-2022, has as its core concern, the wellbeing of the Self as well as our Fellow Beings, in the present as well as in the future. We announce the theme of FITNESS for the year 2021-2022 to encapsulate action and vigour with strength and resilience, leading to the seeking of our true selves and shining in that light. We move cyclically from 'Me' to 'We' in ever altruistic ways to move forward in the spirit of mutual cooperation, understanding, and inclusivity. We hope it will be in the fitness of things, to Feel, Introspect, Think and Navigate, and then Equip to Seek and Shine, mnemonically capturing the essence in the word "FITNESS" We live in a highly digitalized world, constantly connected electronically to gadgets and tools and are in the danger of turning into couch addicts, Rapid digitalization in every sphere of life is a necessary evil, but needs to be balanced with increasing and effective routes to patience, tolerance, serenity and endurance. The backlash of the horrific pandemic COVID-19 must be negotiated with Fitness of all hues and shapes. The Fitness Literacy Year will strive to motivate our students and staff towards physical vigour, Mental Vitality, emotional health, social vivacity, and spiritual fulfilment. The Fitness Literacy year promises to lessen our trauma and heal our psyche.

2020- 2021 MINDFULNESS LITERACY YEAR :



The year 2020-2021 as the 'mindfulness Literacy Year' and correlated its significance to the pandemic of COVID- 19 and amid the lockdown in an in- house online meet held in May 2020 it was declared as such. Activities which followed were all online and successful in impact and content and was equally well received.

1. a webinar on Emotional Wellness in Challenging Times.
2. a webinar on Embodying Stillness: Finding Peace Amidst Covid -19
3. Reading Habits Survey was conducted



4. A National Level PowerPoint Slides Competition
5. Vachan Purna Diwas
6. Intra-collegiate Poster Competition
7. an Inter-collegiate Video Making Competition
8. an Inter-collegiate Mandala Art Competition

A calendar of posters was developed as a memento to be gifted to dignitaries, guests and invitees to the institute.

<https://www.youtube.com/watch?v=8F4pXFLLS7Y>

<https://www.youtube.com/watch?v=puN6aUIzJMI>

2019-2020 HEALTH LITERACY YEAR:



LOGO

The institute dedicated the year 2019-2020 as the Health literacy year and followed it up with numerous health-related programmes to create awareness which constituted amongst the main listed below a Beauty and Health contest, Personality Development, Slogan, Poster, Quiz, Debate competitions. A cell was set up to spearhead and conduct activities related to this theme commencing with.....

- 1) The international Yoga Day - held on 21st June ,
- 2) Symposium on essentials of nutrition in sports performance
- 3) Workshop on Gandharwa Yoga and education
- 4) An intercollegiate health awareness survey
- 5) An intra collegiate health awareness survey
- 6) Book café activity and
- 7) The culmination of this endeavour was the National Seminar on Arogyam Dhansampada held on 14 December 2019 at LAD College Nagpur. A calendar of posters was developed as a memento for guests and invitees of subsequent programmes.



<https://www.youtube.com/watch?v=3Lub0Ng1sbg>

2018 -2019 WATER LITERACY YEAR:



The year was celebrated as Water Literacy Year. Year Long programs were organized by college including one day National Aqua Conference. Coordinator and Chairperson of the Program: Principal Dr. Deepali Kotwal

Convener : Smt. Kalpana Dhawad, Associate Professor and Head of Department of Applied Electronics

1. <https://www.youtube.com/watch?v=ZURfpXK4PLM&t=180s>
2. <https://www.youtube.com/watch?v=04YsdLg9Vmg&t=6s>
3. **National Aqua Conference on Water Conservation :Role of Educators** under the aegis of IQAC 18th December 2018 (Youtube Link)