



7.1.1 GENDER EQUITY

7.1.1 Measures initiated by the Institution for the promotion of gender equity

7.1.1 Annual gender sensitization action plan

The institute belonging to one of the oldest women's education society already has a practice of bringing an attitudinal and a constructive change in the society towards women and thereby focuses on equity within the institute and in the community outreach programmes. The Objective of the activities and programmes is promotion of inclusiveness, tolerance, harmony and women's empowerment among the students and staff.

The action plan for gender sensitization comprised of conducting activities targeted to

- 1) Increased awareness and empowerment of women
- 2) Augmenting on campus safety facilities and health facilities.

Targeted Activities for increased awareness and empowerment:

An active Women Studies Centre in the institute conducts programme on sensitizing students on issues, laws and redressal systems on Sexual Harassment also the Centre celebrated International Women's Day. It also had on its anvil a soft skills Certificate courses taken up in 2021, and in the preceding four years lectures and workshops designed to address current concerns regarding gender were planned some of them are notably on topics Gender Discrimination, Workplace Dynamics, Communication, work-life balance, Self-Esteem, Fear Management, stress management, Women in Leadership, Assertive Skills and Conflict Management, career counselling workshops, Personality development workshops, lectures and opportunities to participate in tournaments, debates and many other extracurricular activities at all levels.

In addition to the Women's study centre and the NSS Units I and II the college has in place cells and committees which regularly undertake programmes on gender sensitization and welfare of its stakeholders viz. Guidance and Counselling Cell (Samadhan), Community Welfare Projects Committee (S.E.W.A.), Mentor Scheme for students, Students Quality Assurance Cell (SQAC),



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Entrepreneurship Development Cell , “Utkarsha Jeevan Nirwah Upakrama” Short Term Courses Cell, Equal Opportunity Cell , Health Awareness Cell, Human rights Cell, Jagruti Cell & Bulandi cell, Grievances Redressal Committee , Discipline and Anti-ragging Committee , Training & Placement Cell , Student's Aid Fund Committee , Intercollegiate Competitions (Outside College) (SARVANGKASH) Committee , Intercollegiate Competitions (of the College) Committee .

The activities which are planned and undertaken every year are always targeted and revolve around Women centric topics. In contemporary society women are multitasking at home and work which is leading to complexities such as lifestyle changes, stress and health related disorders.

Thus Gender Discrimination, Workplace Dynamics, Communication, work-life balance , Self-Esteem, Fear Management, stress management, Women in Leadership, Assertive Skills and Conflict Management, career counselling workshops, Personality development workshops, lectures and opportunities to participate in tournaments, debates and many other extracurricular activities at all levels. cancer awareness, health awareness , mindfulness, nutrition , Self-defence ,entrepreneurship and professional development , Cyber security, financial investments programmes on balanced diet, health awareness are especially targeted etc.

Facilities augmented: Augmenting safety facilities and health facilities as mentioned herein.

The institute also had planned a safer and better campus as under:

1. Security guards and surveillance system which round the clock monitoring the entry and exit of both campuses of the college.
2. Firefighting systems have been installed in both campuses.
3. Sanitary napkin vending machines at both Campuses.
4. On campus availability of doctor for health issues as well as psychological problems of students. This facility is also made available in the Girls hostel located in the college premises.
5. A Sports and yoga facilities for holistic development.

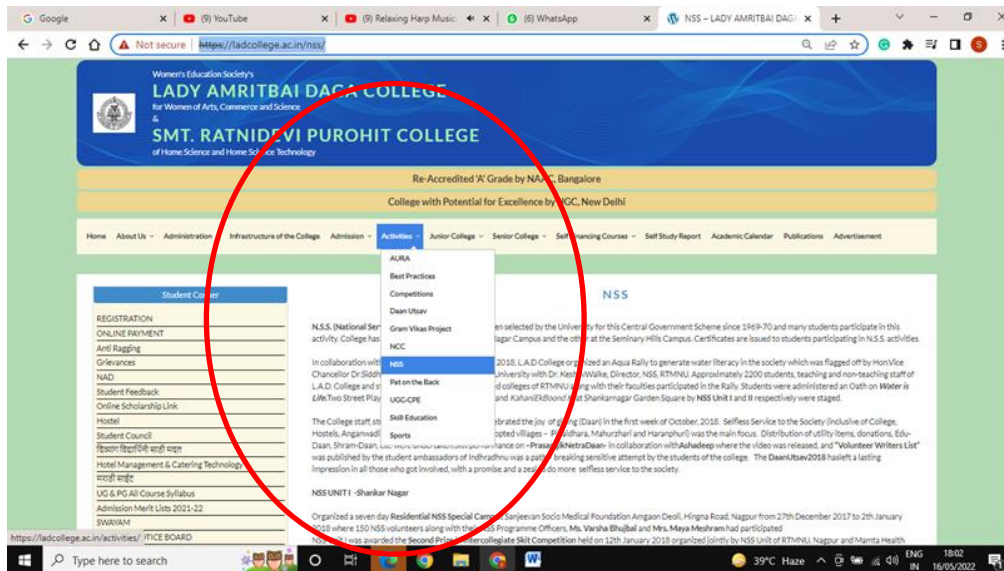


CRITERION VII
KEY INDICATOR 7.1
METRIC 7.1.1
INDEX

1. LIST OF EVENTS YEAR WISE (2021- 2022)
2. FOLLOWED BY REPORTS AND PICS OF EVENTS AND ACTIVITIES CONDUCTED YEARWISE AND IN CONSONANCE WITH EQUITY WHICH REFLECT ADHERENCE TO SENSITIZING , AWARENESS ON GENDER EQUITY

LINKS FOR ANNUAL REPORTS AND NSS UNIT I AND II ACTIVITIES ARE ON THE WEBSITE

1. <https://ladcollege.ac.in/annual-reports/>
2. <https://ladcollege.ac.in/nss/>
3. Tab as indicated on website on homepage.





• LIST OF ACTIVITIES (Academic Year 2021 -- 2022)

SR.NO.	TITLE OF PROGRAMME / EVENTS	DATE	CONDUCTED BY	BENEFICIARIES/ PARTICIPANTS
1	DR. KAMALA NARAYANAN MEMORIAL LECTURE TITLED WHAT POETRY MEANS TO ME BY ARUNDHATI SUBRAMANIAM, SAHITYA ACADEMY 2020 RECIPIENT. THIS LECTURE WAS IN THE MEMORY OF DR. KAMALA NARAYANAN,	14 AUGUST 2021	ENGLISH DEPARTMENT	80 STUDENTS
2	TWO DAY LECTURE SERIES ON RABINDRANATH TAGORE'S ONE ACT PLAY CHITRA	5 AND 7 APRIL 2022	ENGLISH DEPARTMENT	60 STUDENTS
3	WORKSHOP ON THE TOPIC EMOTION MANAGEMENT WAS ORGANISED	2 JULY 2021	ENGLISH DEPARTMENT	59 STUDENTS
4	WORKSHOP ON INTERVIEW SKILLS WAS ORGANISED	9 JULY 2021	ENGLISH DEPARTMENT	59 STUDENTS
5	LECTURE ON TIME MANAGEMENT WAS ORGANISED.	23 JULY 2021	ENGLISH DEPARTMENT	59 STUDENTS
6	LECTURE ON RESUME WRITING SKILLS ON	27 AUGUST 2021	ENGLISH DEPARTMENT	60 STUDENTS
7	LECTURE ON QUESTIONING SKILLS AND BUILDING PROFILE ON LINKEDIN	28 AUGUST 2021.	ENGLISH DEPARTMENT	60 STUDENTS
8	THE BOOK CLUB OF THE DEPARTMENT, HAD ORGANISED A BOOK REVIEW SESSION	30 MARCH 2022	ENGLISH DEPARTMENT	30 STUDENTS
9	ORGANISED AN INTERACTIVE SESSION ON EARTH: WARMING PLANET TO COMMEMORATE THE WORLD EARTH DAY UNDER THE THEME EARTH SPEAKS...LISTEN THE SILENCE.	22 APRIL 2022	GEOGRAPHY DEPARTMENT	36 STUDENTS PARTICIPATED
10	PROGRAM ON INNOVATIVE IDEAS AND ENTREPRENEURSHIP DEVELOPMENT FOR YOUTH HELD UNDER MINISTRY OF EDUCATION, NEW DELHI ON VIRTUAL MODE	14 DECEMBER 2021	DEPARTMENT OF ECONOMICS	30 STUDENTS
11	A WORKSHOP ON WOMEN SKILL AND ENTREPRENEURSHIP DEVELOPMENT IN COLLABORATION WITH UMANG NGO NAGPUR	29 APRIL 2022.	THE DEPARTMENT OF POLITICAL SCIENCE, HUMAN RIGHTS CELL AND JAGRUTI CELL OF THE COLLEGE JOINTLY ORGANISED	30 STUDENTS



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12	ONLINE LECTURE BASED ON GENDER EQUALITY, A PART OF B. A. SEMESTER II, SOCIOLOGY SYLLABUS. THIS LECTURE WAS ORGANISED ON THE OCCASION OF GARIMA WEEK CELEBRATIONS BY JCI NAGPUR CENTRAL AND THE SPEAKER WAS JC JYOTSNA PANDIT, A POET AND TRAINER.	15 JULY 2021	DEPARTMENT OF SOCIOLOGY	15 STUDENTS PARTICIPATED
13	ONLINE TALK ABOUT HOW UNDERSTANDING THE BRAIN IS OF VITAL IMPORTANCE	18 SEPTEMBER 2021	DEPARTMENT OF HUMAN DEVELOPMENT	
14	ONE-DAY WEBINAR ON FUTURE OF COSMETICS – A STEP CLOSER TOWARDS ORGANICITY AND SUSTAINABILITY 8 OCTOBER 2021	8 OCTOBER 2021	DEPARTMENT OF COSMETIC TECHNOLOGY	
15	AN ONLINE AUDIO VISUAL PRESENTATION ON THE TOPIC RESIDENTIAL PLANNING AND A DESIGNER'S APPROACH.	29 DECEMBER 2021	DEPARTMENT OF INTERIOR DESIGN	20 STUDENTS
16	WEBINAR ON STUDY ABROAD IN COLLABORATION WITH GLOBAL REACH SERVICES	26 JULY 2021	DEPARTMENT OF HOTEL MANAGEMENT AND CATERING TECHNOLOGY	20 STUDENTS
17	A WEALTH AWARENESS PROGRAMME WAS ORGANISED AND MANAGEMENT UNDER DAAN UTSAV PROGRAM ..	5 OCTOBER 2021	FACULTY OF COMMERCE	60 STUDENTS
18	A WEBINAR ON HOW TO SPEAK IN PUBLIC	22 OCTOBER 2021	FACULTY OF COMMERCE	251 STUDENTS
19	WEBINAR WAS ORGANIZED ON THE TOPIC JOB OPPORTUNITIES AS VALUE BANKER IN COLLABORATION WITH NIIT, NAGPUR	28 OCTOBER 2021	FACULTY OF COMMERCE	35 STUDENTS
20	A WEBINAR ON TRAINING / INTERNSHIP FOR COMPUTER STUDENTS WAS ORGANISED	26 NOVEMBER 2021	FACULTY OF COMMERCE	35 STUDENTS
21	AN INTER-COLLEGIATE SURYANAMASKAR COMPETITION FOR GIRLS WAS ORGANISED	30 NOVEMBER 2021.	DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS	30 STUDENT
22	RESEARCH AND DEVELOPMENT CELL ORGANISED A WEBINAR ON CLINICAL RESEARCH AWARENESS IN COLLABORATION WITH CLINOMIC CENTER FOR CLINICAL RESEARCH, NAGPUR .	17 SEPTEMBER 2021	RESEARCH AND DEVELOPMENT CELL	115 STUDENTS
23	AN ONLINE AUDIO VISUAL PRESENTATION ON THE TOPIC RESIDENTIAL PLANNING AND A DESIGNER'S APPROACH.	29 DECEMBER 2021	DEPARTMENT OF INTERIOR DESIGN	20 STUDENTS
24	THREE DAY PAPER PRESENTATION	17TH TO 19TH MAY 2021	WOMEN'S STUDY CELL	STUDENTS
25	MANTHAN	19- 21 MAY 2021	MANTHAN	STUDENTS
26	INTERACTIVE SESSION 'A JOURNEY TOWARDS EXCELLENCE'	21-MAR	WOMEN'S STUDY CELL	STUDENTS



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27	BREAST CANCER AWARENESS	20-OCT-20	DEPARTMENT OF ZOOLOGY		STUDENTS
28	SARWANGKASH		SARVANGKASH CELL		STUDENTS
29	(ONLINE) ENTREPRENEURSHIP DEVELOPMENT WORKSHOP	8 TH TO 24 TH MARCH 2021	P.G. DEPARTMENT OF FASHION DESIGN		STUDENTS
30	UNNAT BHARAT ABHIYAN WEBINAR	24-07-20	NSS UNIT I		STUDENTS
31	UNIVERSITY LEVEL NSS BEST VOLUNTEER AWARDED	18-11-20	NSS UNIT I		STUDENTS
32	ONLINE WEBINAR ON "AIDS & HIV AWARENESS PROGRAMME"	09-12-20	NSS UNIT I		STUDENTS
33	ONLINE WEBINAR ON CHILD SEXUAL AND POCSO ACT 2012	18-02-21	NSS UNIT I		STUDENTS
34	LECTURE : EMOTIONAL WELLNESS IN CHALLENGING TIMES	26-APR 20	L.A.D. COLLEGE RESOURCE PERSON :SAGARIKA MISHRA		STUDENTS
35	WEBINAR ON EMBODYING STILLNESS: FINDING PEACE AMIDST COVID -19	29TH JUNE 2020	L.A.D. COLLEGE RESOURCE PERSON DR. MRS RAJITA KULKARNI, PRESIDENT, SRI SRI UNIVERSITY.		STUDENTS
36	PERSONALITY DEVELOPMENT	MAY 2021	NSS UNIT II		STUDENTS
37	POSITIVE LIFE	7 OCT	NSS UNIT II		STUDENTS
38	WEBINAR ON 'DIGITAL STREE SHAKTI' TRENDS IN CYBER-CRIME	01-OCT-20	WOMENS STUDY CELL		PARTICIPANTS 86
39	PROTECTION OF WOMEN'S RIGHT AND SEXUAL HARASSMENT IN THE LIGHT OF RECENT RAPE CASES'		WOMENS STUDY CELL		STUDENTS
40	CHANGE IN LIFESTYLE	02-OCT-20	NSS UNIT II		STUDENTS



REPORTS (SAMPLE)

Workshop on Geomorphology and Related Aspects (21-28 December 2021)

Report

Department of Geography has organized the workshop on Geomorphology and related aspects from 21st to 28th December 2021. Geomorphology-the study of landforms is the major branch of physical geography. Application of geomorphology plays important role in various fields. Keeping this thought in mind, theme of the workshop was selected for semester III students of department of Geography. This workshop covers major portion of their syllabus.

Dr. Sadhana Deshpande Former Head, Department of Geography, VNGIASS, Nagpur talked on the importance of Geomorphology on 21st December 2021. She put the picture on *Why we should study Geomorphology?* After discussing basics of geomorphology, she discussed philosophical approach of geomorphology and its importance for personality development. She associated various geomorphic processes with the philosophy of life in a very beautiful way.

Dr. V. Gajghate Assistant Professor, Department of Geography, Rabindrnath Tagore college of Arts, Commerce and Science, Dongargaon, Nagpur was the resource person on 22nd December 2021. He talked about *Drainage of Maharashtra* in association with the physical divisions of the region. He explained different river basins of Maharashtra using very detailed maps. Major drainage patterns of the region were also discussed by him.

Dr. Y. Y. Dudhapachare, Associate Professor and Head, Department of Geography, Janata Mahavidyalaya, Chandapur shared his expertise views on the *Application of Geomorphological Knowledge for the Development of Maharashtra* on 23rd December 2021. Initially he gave evidences of geomorphic knowledge applied by Gond kings and Shivaji Maharaj in Maharashtra. He quoted many examples to explain association of Geomorphology and economy of any region. Aspects like rainfall, Agriculture, Irrigation projects, Crops, Transportation facilities, Disasters associated with Geomorphology of Maharashtra was well explained by him.

On 24th December 2021, Dr. Raju Gawre Assistant Professor, Department of Geography, H. J. Thim College, Jalgaon explained the *Relief features associated with running water-A case study of Maharashtra* in an interactive session. He explained the work of running water and landforms associated with various processes involved in it. He used diagrams and videos to explain all the associated landforms. He also shown some landforms using Google Earth engine. Different stages of

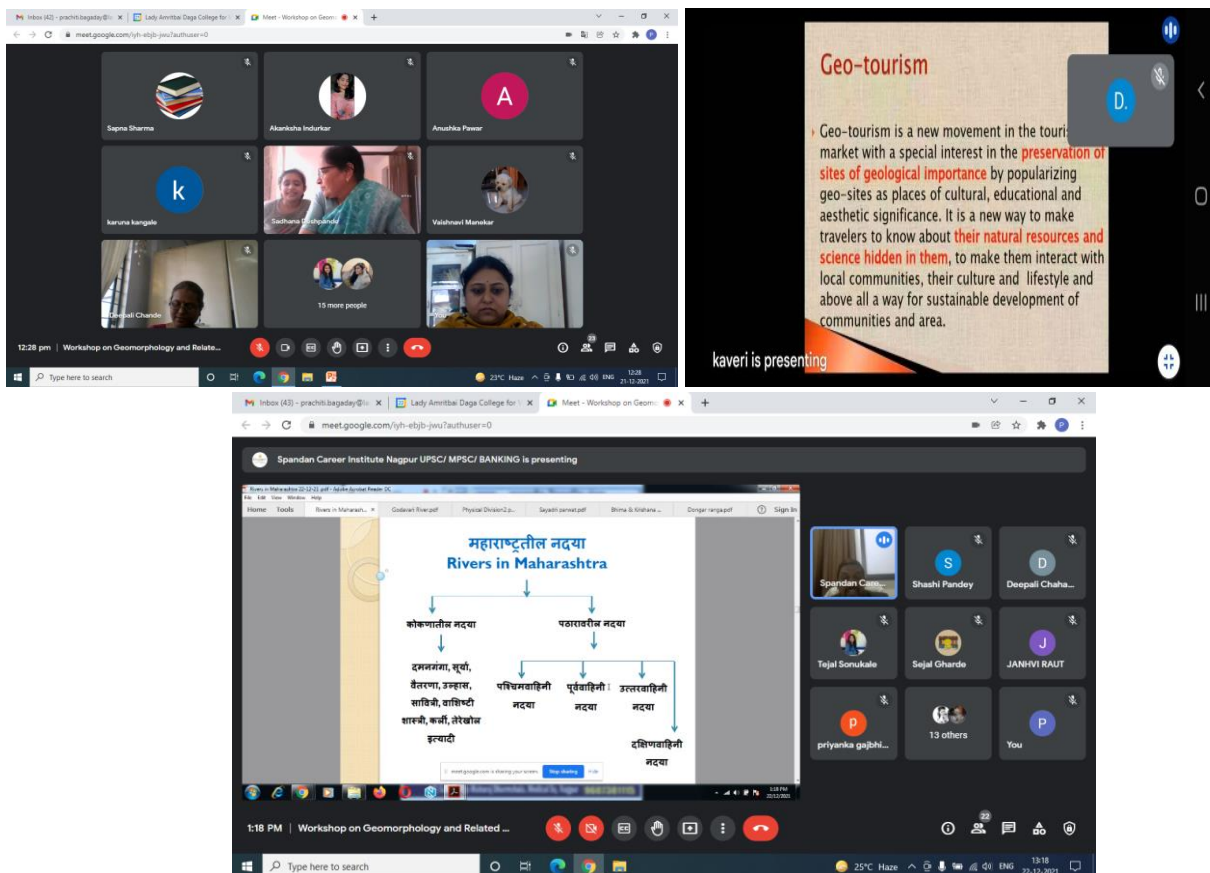


river as an agent of erosion were also explained. His talk has revised the major portion of Geomorphology syllabus.

Dr. Kaveri Dabhadkar, Assistant Professor (Selection grade), Department of Geography, Govt. Bilasa Girls PG College, Bilaspur (CG) shared her experience on *Geomorphology and Tourism* on 27th December 2021. She elucidated the novel concept of Geotourism, Geodiversity and Geoheritage. She focussed light on various landforms and tourist places of Chhattisgarh state with special reference of Bastar region. Participants got good knowledge about various tourist places and their association with geomorphology. Students were also motivated to do research in this field by her lecture.

On 28th December 2021 learning activities were arranged for students. Quiz was conducted to know the learning of participants from the workshop. Map preparation activity was given to the students based on various geomorphic units. Lastly feedback was taken from the participants.

Overall, all the resource persons shared their rich and real-life experiences related with the theme of the workshop with the participants. Students were benefitted by this academic endeavour. Approximately 35 students participated in this workshop. Dr. Prachiti Bagaday was the convenor of the workshop. Dr. Deepali Chahande, Head of the department of Geography guided for the success of this educational activity.





Online Guest Lecture on ‘Naturopathy and Vegetarian Diet: Gandhiji’s perspective for

Holistic Wellness’ on 01 October 2021:

The Departments of History and Home Economics had organized an online Guest Lecture on the occasion of Gandhi Jayanti under the aegis of Fitness Literacy Year 2021-22 and Daan Utsav on 1 October 2021 at 10 a.m. The program commenced immediately after the inaugural of Daan Utsav 2021 on Google Meet. The compering of the program was done by Ms. Mrunalini Thombre. The resource person, Dr. Vidya Lanjewar, Secretary and Professor, Chakrapani Pancha karma Yoga Nisargopchar Mahavidyalaya and Hospital, Nagpur was introduced by Dr. Vandana Fulzele, HoD Home Economics.

Dr. Vidya Lanjewar delivered an enlightening lecture on the topic ‘Naturopathy and Vegetarian Diet: Gandhiji’s perspective for Holistic Wellness’. Her talk was all inclusive which covered varied aspects of physical and mental wellness. Naturopathy as a way of life utilizing natural resources for attaining health and wealth was emphasized by her. She astutely explained fasting, chromotherapy, hydrotherapy, mud therapy, yoga, vegetarian diet and its benefits. She also exemplified the life of Gandhiji as a true preacher, practitioner and propagator of Naturopathy in India and the world. Her lecture was very well received and appreciated by the staff and students. About 85 students and teachers attended the lecture.

Dr. D. Titarmare, Supervisor Humanities Faculty and Convenor Fitness Literacy Year 2021-2022 expressed her gratitude to Dr. Lanjewar for accepting the college invitation for this Guest Lecture and applauded her efforts for blessing us with her Education Daan. Dr. Madhuri Patil, HoD History proposed the formal vote of thanks.

The program was successful with the robust support and continuous guidance of College Principal, Dr. Deepali Kotwal, Vice-Principals, Dr. Alka Dhondge and Dr. Pooja Pathak. The program was well organized due to the efforts of Dr. Titarmare and her Fitness Literacy Team, Ms. Maya Meshram, Dr. VarshaBhujbal, Dr. Minakshi Kulkarni, Convenors of NSS Units I and II, Daan Utsav Team and Dr. Rohini Kalikar. The Technical support provided by the team of Dr. Surashmie Kalmegh and Ms. Kanchan Bade was highly appreciable.

Resource person Dr. Vidya Lanjewar presenting her PPT and delivering the Guest Lecture



Report

Convention on Career with Geography

The department of Geography has organised a Convention on **Career with Geography** in collaboration with Alumnae Association from 26-27 November 2021.

The convention was mainly organised for B A semester-I students of geography, but other students of the department also participated in it. This event also covers a small portion of the syllabus. The main objective of the convention was that the students in the initial stage should get acquainted with modern technology-Remote Sensing (RS) and Geographic Information System (GIS) which is an inseparable part of geography.

Dr. Alka Dhondge, Vice Principal, Shankar Nagar and Dr. Vaikhari Wazalwar, Co-convener Alumnae Association were prominently present. Dr Alka Dhondge gave the introductory speech in which she inspired the students to carefully go through the convention, so that they will get right direction for their career and accordingly students will be able to shape their future.

Dr. Mrunmayee Lokhande, Former Sr. RS & GIS ASSOCIATE (consultant), Maharashtra Remote Sensing Applications Center (MRSAC), Nagpur delivered an Interactive talk on Career in RS and GIS on 26.11.2021. She told Geography is a parent science for all other disciplines. She introduced the basic concepts of Remote Sensing and GIS techniques. With various maps toposheets, satellite imageries, Geo-reference maps- explain the application of geographical knowledge in all the sectors. She guided the students to go for additional certificate or degree or diploma courses in RS and GIS, Then n- number of career options are open for geographers.. At present in each and every department experts in RS and GIS are required such as in Agriculture Department, Water Department, Urban and Rural Planning, Forestry Department, and much more. Apart from this RS and GIS is used in Health Sector, Disaster Management, Law and Enforcement, Crime Department, Survey Department, Land records etc. With technical development, field monitoring is also done by drones. She mentioned some of the prominent institutions for RS and GIS courses.

Ms. Mitina Upwanshi, Artificial Intelligence ASSOCIATE GIS, Techcamellia, Bangalore, Initially told about geographical tools such as field surveys, maps, satellite imageries, GIS, GPS. She also talked about skills and attributes of geographers which includes intellectual skills, practical skills, interpersonal skills and personal skills.

She explained in detail about career options in geography and eligibility requirements for those. With Masters in Geography and other additional courses, the career is available as Cartographer, Map digitizer, Urban and Regional Planner, Climatologist, Meteorologist, Environmentalist, GIS specialist etc.

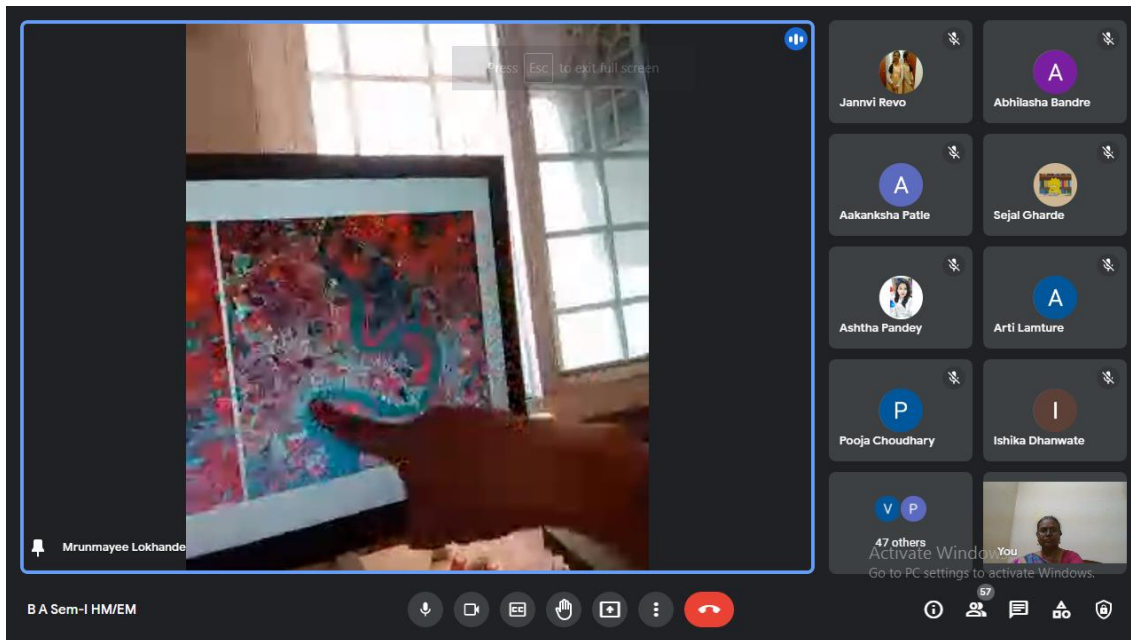
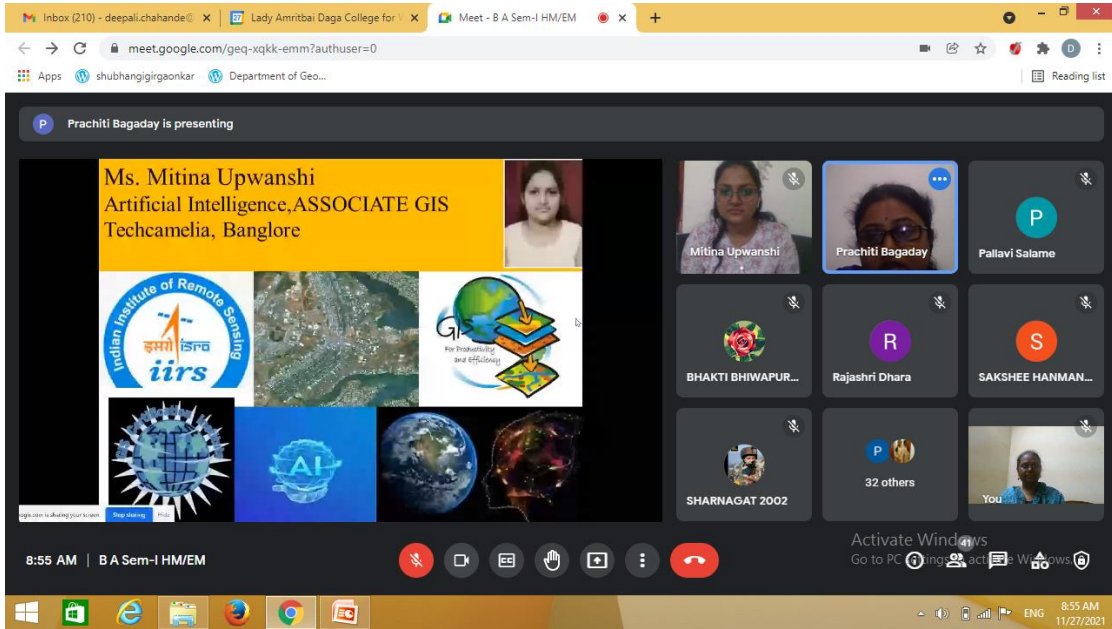
Both the resource persons were the Alumnae of the department. Overall they guided the students for ample career opportunities in geography.



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This academic endeavor will definitely shape the future of the students. Lastly, feedback was also taken.. Around 60 students participated in this educational event. Dr. Prachiti Bagaday was the convener of this program.

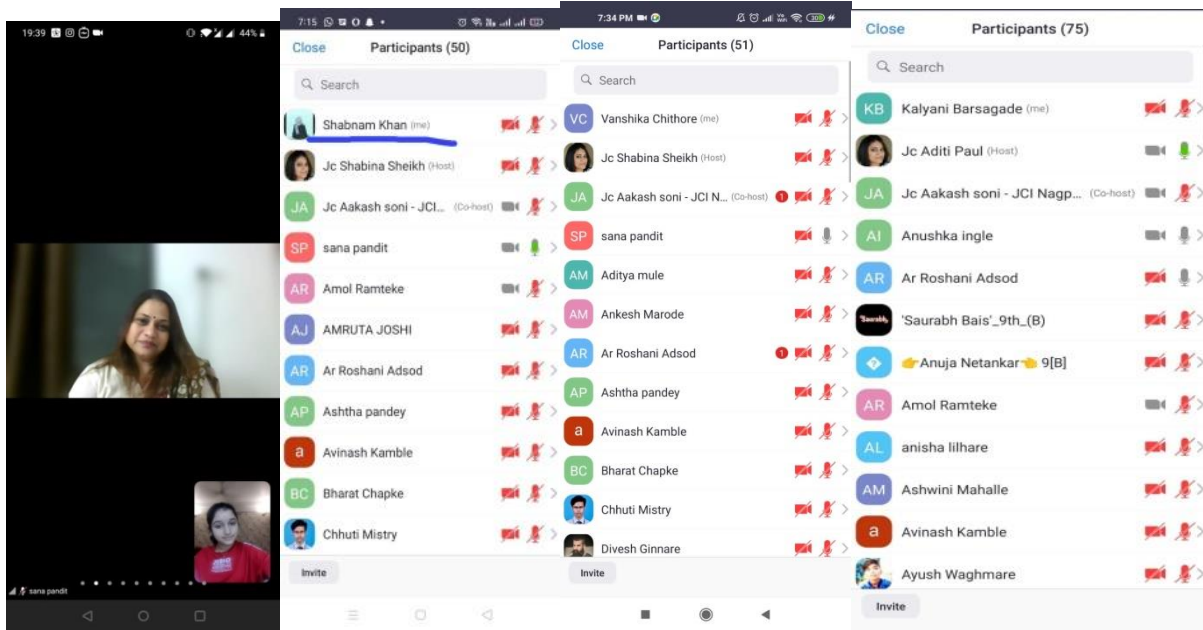


Date: 07



Garima Week Celebrations: 15 JULY :

On the occasion of Garima Week Celebrations, JCI Nagpur Central organized online Gender Equality lecture on 15 July 2021. The expert speaker was JC Jyotsana Pandit, Poetess and Trainer . 15 Students from the Department of Sociology participated for the same



REPORT

Title of the Activity : Guest Lecture on “Women’s Rights”

Date & Venue : 28/03/2022, at 11 am Online (Google meet)

Nature : Collegiate

Target Audience : Under graduate students of all faculties.

Name of Guest Speaker with Designation : Ms. Archana Nair, Advocate

No. of Participated Students : 86

Expected Outcome of the Activity : To create awareness about women’s rights.

Jagruti Cell and Minority Students Welfare Cell (Bulandi Cell) of L.A.D. & Smt. R.P. College had jointly organized a Guest Lecture on “Women’s Rights” on **28th March 2022** at Google meet platform under the guidance of Principal Dr. Deepali Kotwal.

Students received information on issues such as Domestic Violence, Dowry, Sex Determination Act, Promise to Marriage, Registration Act, etc. They were informed about the rights enshrined in different articles of India’s constitution. Importance of the women rights awareness and their role in bringing change in society was well received by the students.

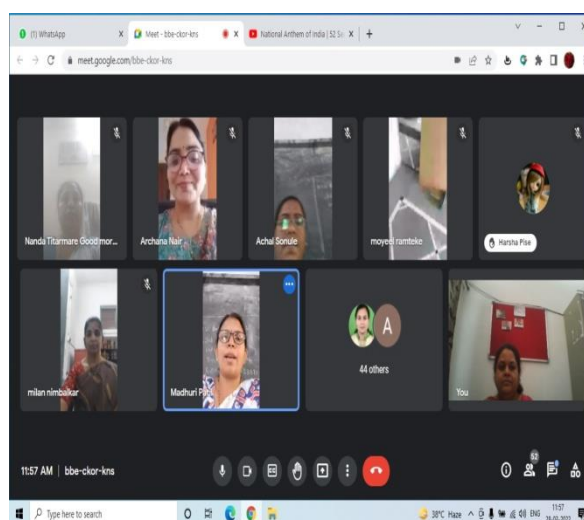
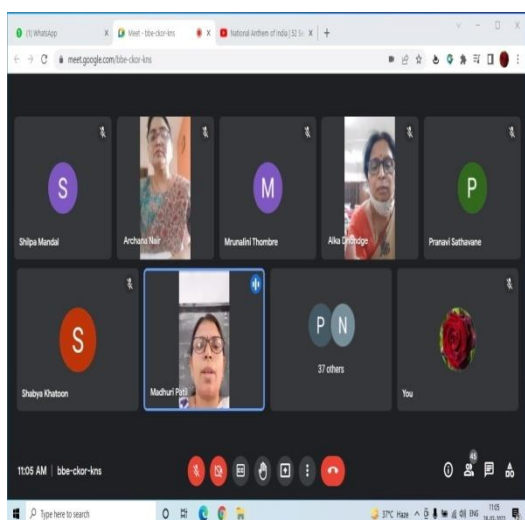


86 students including teachers attended the program. The program was concluded with the National Anthem.

Dr. Madhuri Patil

Convener

Jagruti Cell & Bulandi Cell



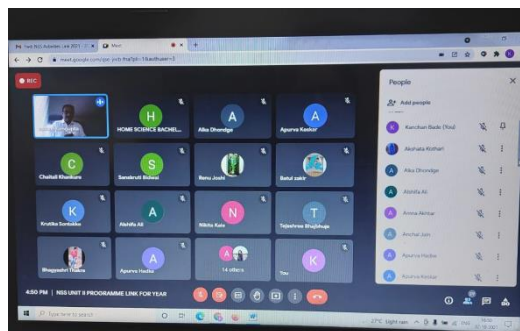
Guest Lecture on “Women’s Rights” on **28th March 2022** organized by Jagruti & Bulandi Cell

Deep Daan (Candle Making) on 02 October 2021:

NSS Unit II organized ‘Deep Daan - Candle Making Workshop’ for the volunteers on 2 October 2021 at 4:30 p.m. on Google Meet platform. Resource Person was Mr. Suman Sengupta, Visiting Faculty, and Department of Applied Electronics. He demonstrated the making of candles of different shapes and sizes, multicolored and scented. He also gave information about the wax and various moulds available in the market. The wax is melted at 70 degree Celsius and therefore precaution should be taken while pouring it in the mould. The wax becomes hard after cooling and can be removed from the mould. Dr. Alka Dhondge, Vice Principal, Shankar nagar campus and Dr. Meenakshi Kulkarni, Programme Officer, NSS Unit II were prominently present. Special thanks to Principal - Dr. Deepali Kotwal and Vice – Principals, Dr. Alka Dhondge and Dr. Pooja Pathak for their guidance and support.

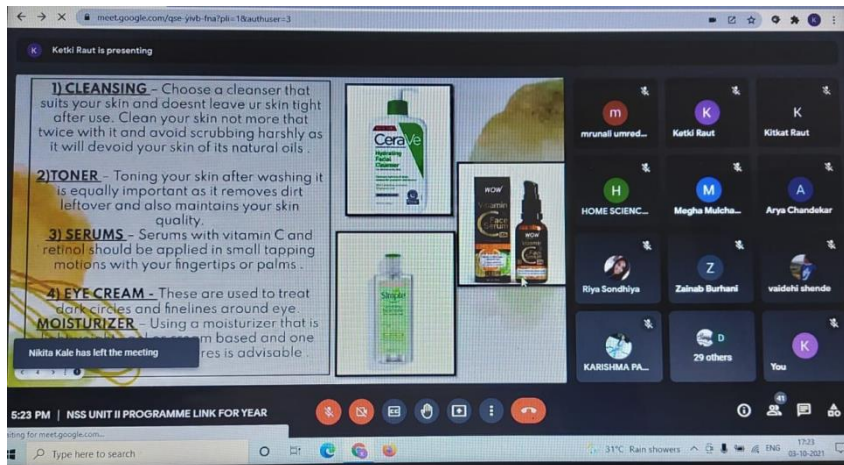


Dr. Surashmie Kaalmegh provided the Technical support and Ms. Kanchan Bade was the Event In charge. Thirty students participated in the event.



Soundrya Daan (Tips on Skin and Hair Care):

NSS Unit II organized Soundrya Daan - Tips on Skin and Hair Care for the students on 3 October 2021 at 5p.m on Google Meet platform. Presentation was done by Ms. Ketki Raut, student of Department of Cosmetic Technology , the presentation focused on the topic – Skin and Hair care. It started with focusing on your skin type and then looking into various simple ways to take good care of it. It was then followed by tips and tricks for healthy hair according to its type. She also elaborated on - why skin care and hair care was necessary for people of all age and skin type . Event Incharge was Dr. Deepak Wasule, Head, Department of Cosmetic Technology Dr. SurashmieKaalmegh provided the Technical support. Dr. Meenakshi Kulkarni coordinated the event.



Arogyadaan– Benefits of Suryanamaskar on 04 October 2021:

Under the aegis of Daan Utsav Week from 01.10.2021 to 09.10.2021 and Fitness literacy year 2021-22. On 4th October 2021 The department of Physical Education and sports conducted the Online Programme “Arogyadaan The benefits of Suryanamaskar” for students of college / Arts Faculty . Dr. Neeta Kashyap , was Resource Person , she in explained the Importance , Benefits and Proper Postures of Suryanamaskar with the help of PPT. Dr. D. Titarmare gave the introductory remark and introduced the Resource Person Dr. Kashyap and Ms. Nilima Waghmare proposed the formal Vote of Thanks . The programme was conducted under the NSS Unit I Dr.Varsha BhujbalCo ordinated, technical support was given by Dr. Surashmi Kalmegh. The dignitaries Graced the occasion were Dr. Alka Dondge(Vice Principal) , Dr. D. Titarmare, and other teaching staff of College.

Sehat Daan (Talk on Nutrition) on 04 October 2021:

NSS Unit II organized a Session on 'Sehat Daan - Talk on Nutrition' on 4 October 2021 on Google Meet Platform at 4:30 pm .Resource Person was Dr. Renuka Mainde. Nutrition matters for healthy living. Dr.Renuka Mainde spoke about the benefits of eating the right and home cooked healthy food and to avoid junk food. Adolescence faces various nutritional challenges of Obesity, underweight, anemia, body fatigue, hormonal imbalance and she also spoke on exam phobia and stress. She spoke



at length about the ill effects the junk food can cause to our body. She also emphasized on eating multigrain and cracked wheat and bran, its inclusion in the diet leads to a healthy body. She also told about the importance of exercise in our lives and how a proper balance helps us to have a fit body. She inspired the students by the quote that ‘Women is a software which launches new site of life, enters happiness, scans problem, print prosperity. The students and teachers had many questions after the session, which was answered by the qualified speaker. More than 40 students and teachers got benefit from the session. Event In charge was Dr. Meenakshi Kulkarni.

Paak Kala on 8 October 2021:

The Department of HMCT organized a ‘Paak Kala’ workshop on Google Meet Platform at 4:30 p.m... In this workshop the culinary skills for preparation of mock tail was demonstrated by Chef Rakhi Nagrare (Entrepreneur and Food Production Faculty of Department of HMCT.

Preparation of mojito mock tail was demonstrated to the participants. Two types of mojitos were prepared, one from lemon juice and the other from mix fruit juice. Various garnishes of rings and slices were shown. The service and presentation of both the mock tails were shared with the participants. Dr.Charuta Gajbhiye was the Event Incharge. Dr.SurashmieKaalmegh provided the Technical support and Dr. Meenakshi Kulkarni coordinated the event





Poshan aaharache mahatva ani shikshan, Paushtik Khadyaann vatapat adopted village Pipaldhara and Nagazhari on 08 October 2021

L.A.D. & Smt. R.P. College for Women, Nagpur, is celebrating Joy of Giving Week in the first week of October 2018. NSS Unit I, L. A. D. & Smt. R. P. College for Women, Shankar Nagar, Nagpur had organized a Programme under the aegis of DAAN Utsav on 08 October 2021 in Anganwadi Garmpanchy at adopted village Pipaldhara Tehsil- Hingna, Nagpur. The village has been adopted for development and progress. The Z.P. High School has classes from Standards I to VII and the College is extending a helping hand to the school authorities in





all round development of students and villagers. On this occasion “*Poshan aaharache mahatv aani shikshan,*” a workshop conducted for women of Pipaldhara and Nagzhari. The resource person was Dr. Rohini Kalikar, Assistant Professor of Home Economics Department of LAD College. In the workshop she taught nutritive recipes and nutritive values of recipes. The nutritive food like peanut chikki and Rajgira Ladoo distributed at Pipaldhara



,Nagazhari and SanjivanSocio Medical foundation.. In the distribution Sarpanch Shrimati Nalini Sherkure, Former Sarpanch of Pipaldhara village Shri Nilkanth Sadmake, Head Mistress Smt. M. Potdar, Senior teacher and members of the Gram Panchayat. Shri Suresh Zade, were prominently present in the occasion.

Principal Dr. Deepali Kotwal and Vice Principals Dr.Alka Dhondge and Dr.Pooja Pathak, Supervisors Dr. D. Titarmare, and Dr. Kiran Patil lent active support and guidance in the organization of the programme. Dr. Alka Dhondge, Dr.D.Titarmare, Dr.Shipra Sarkar, Dr.Deepali Chahande, Dr. Rohini Kalikar, Ms.Nilima Waghmare donated generously for this noble cause. Dr. Neeta Kashyap, Ms. Nilima Waghmare, Teaching, Non-Teaching staff, Ku. Manisha Meshram, Ku.Kajal Tekade , Shri Thakre Bhau worked hard for the success of event. N.S.S. Unit I Coordinators, Ms.Varsha Bhujbal and Ms. Maya Meshram, conducted the distribution programme. (650 villagers were benefited from this programme.)





Pledge day for anti-terrorism and against domestic violence day on 24 may 2021:

NSS unit I organized pledge day for anti-terrorism and against domestic violence day on 24 may 2021 on Google meet platform. Around 50 NSS Volunteers participated along with VarshaBhujbal and Maya Meshram, Program Officers in the same.

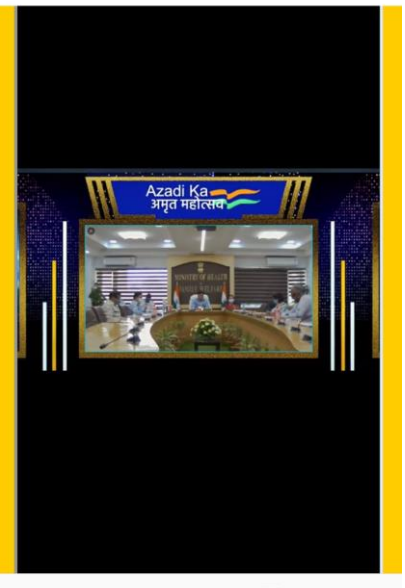
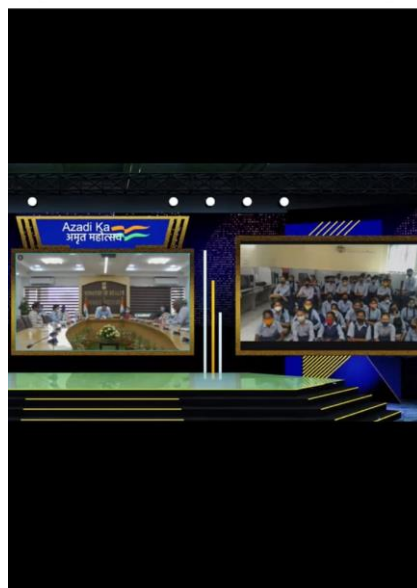
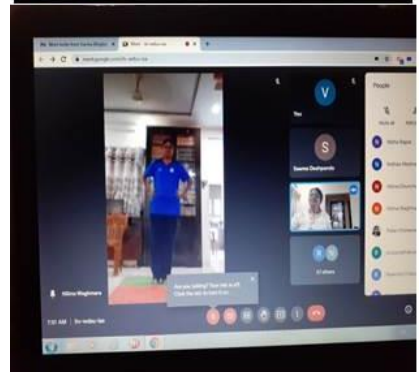
Power point presentation of community engagement during COVID-19 Pandemic on 29 July 2021:

Mahatma Gandhi National Council of Rural Education Department of Higher Education Government of India organized Power point presentation of community engagement during COVID-19 Pandemic on 29 July 2021 on online zoom Platform. It was coordinated by Dr.Mahesh Chopde, convener. PowerPoint Presentation was presented by Dr. VarshaBhujbal Along With Mrs. Maya Meshram NSS Unit-I Programme Officers. Maximum colleges participated in the same. For the above said activity certificate of Government of India provided to college and all members of NSS Unit I.

Azadika Amrit Mahotsav on 12 August 2021:

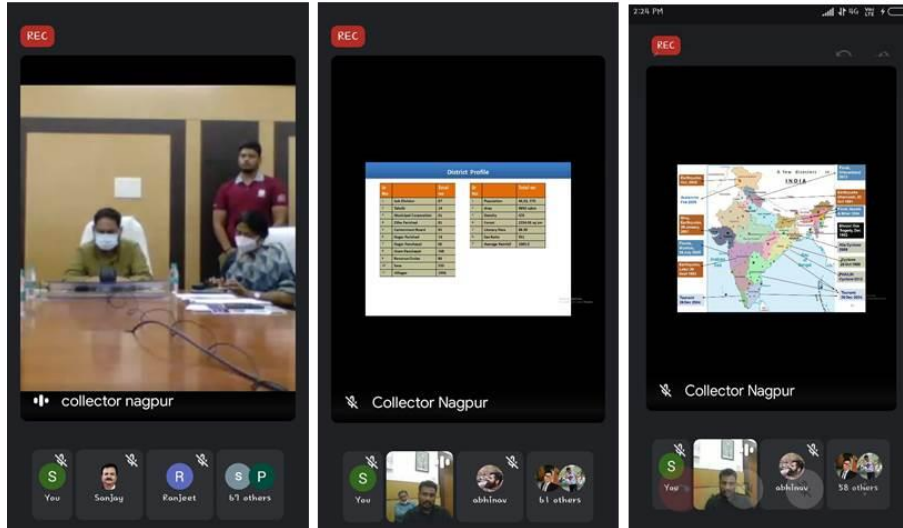
Under the aegis of Azadi Ka Amrit Mahotsav, Hon'ble HFM(Health And Family Welfare Ministry) was launched the first phase of the awareness campaign for HIV,TB and Blood Donation on the occasion of

Participated In Online International Yoga Day



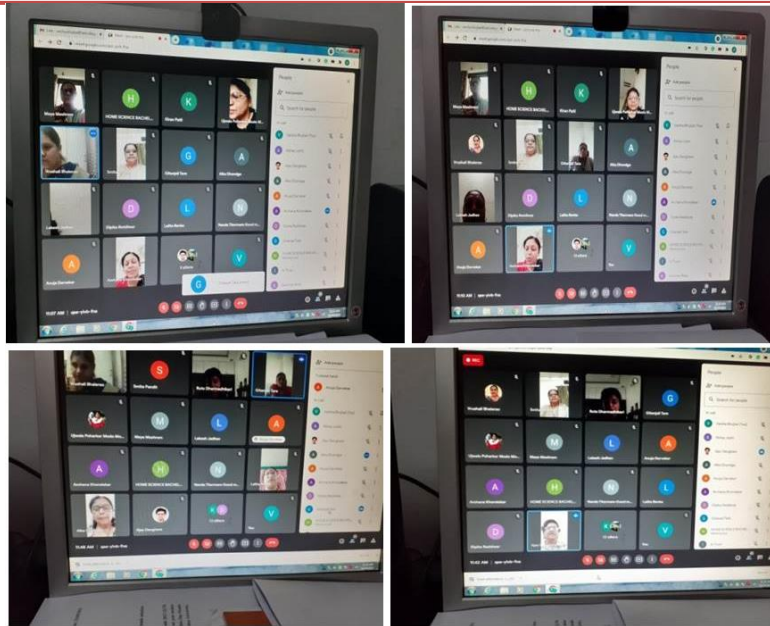


International Youth Day on 12 August 2021. Approximately 50 NSS volunteers participated in the same. For the above said activity digital certificates were provided to participants.



JD life saver: 14, 21, 29 August 2021:

District Disaster Management Authority Nagpur and JD Sport Foundation Nagpur were jointly organized online certification course JD Life Saver Basic. The course was conducted for three days i.e. 14, 21, 29 August 2021. Basic Training Programme of drowning prevention, road safety awareness, disaster and first aid workshop was the main attention for the students. The programme was conducted under the guidance of district disaster management authority, officer, Anksuh Gawande, R. Vimala, collector of Nagpur District, chief guest was Mayor Daya Shankar Tiwari, assistant police Commissioner Shri Ajay Kumar Malivya and chief co-ordinator of JD life saver programme Shri Jayant Duble. Sweta Sriwas, NSS volunteer completed this course but she hasn't received certificate.



Srujansheelata and adhyatmachedaanon 02 October 2021:

Under the aegis of DaanUtsavOnlineSrujansheelata and adhyatmachedaanon Saturday 02 October 2021 Under the aegis of DaanUtsavOnline“Srujansheelataabiadhyatmyachedaan”for Teaching and Non-Teaching staff was organized on 02 **October 2021**at LAD College Shankar Nagar campus on the google meet platform. The programme was conducted by Mrs. VrushaliBhalerao and Shri Ajay Deoghare. The participants from nonteaching staff Shri Ajay Deoghare, Smt. Geetali Tare, Smt, SmitaPandit, and Smt. Archana Khondekar, Smt. AnujaDarvekar, Smt.ArchanaJadhav, Smt.UjjwalaPoharkarpresented poem, prayer, bhajan and pasaydaan. It was a great success with the support of the Principal Dr. DeepaliKotwal, Vice Principals, Dr. AlkaDhondge, Dr. Pooja Pathak,RegistrarSmt.DipikaReddiwar, Supervisors Dr. D. Titarmare and Dr.KiranPatil , Dr. BhavnaKhapekar, members of NSS Dr. N. Kashyap, Mrs. Maya MeshramMs. NilimaWaghmare, Dr. RohiniKalikar, Dr. VarshaBhujbal.

Young Inspirator Network (YIN) Sakal initiative on 04 October 2021:

Young Inspirators Network Sakal had organized on Google meet platform on “Reality behind Social Media” on 04 October 2021. The resource was Shri Amol Daund Assistant Police Inspector Cyber Crime Branch Nagpur. Principal Dr. DeepaliKotwalwas Guest Invitee and prominently presented in



the program. Ms. AnkitaGangal, B.A. final year NSS Volunteer proposed vote of thanks. From LAD College around 30 NSS volunteers participated..

Poshana aharache mahatva ani shikshan, Paushtik Khadyaanna vatapat adopted village Pipaldhara and Nagazhari on 08 October 2021



L.A.D. & Smt. R.P. College for Women, Nagpur, is celebrating Joy of Giving Week in the first week of October 2018. NSS Unit I, L. A. D. & Smt. R. P. College for Women, Shankar Nagar, Nagpur had organized a Programme under the aegis of DAAN Utsav on 08 October 2021 in Anganwadi Garmpanchyat adopted village Pipaldhara Tehsil- Hingna, Nagpur. The village has been adopted for development and progress. The Z.P. High School has classes from Standards I to VII and the College is extending a helping hand to the school authorities in all round development of students and villagers. On this occasion “*Poshana aharache mahatva ani shikshan,*” a workshop conducted for women of Pipaldhara and Nagazhari. The resource person was Dr. Rohini Kalikar, Assistant Professor of Home Economics Department of LAD College. In the workshop she taught nutritive recipes and nutritive values of recipes. The nutritive food like peanut chikki and Rajgira Ladoo distributed at Pipaldhara ,Nagazhari and Sanjivan Socio Medical foundation.. In the distribution Sarpanch Shrimati Nalini Sherkure, Former Sarpanch of Pipaldhara village Shri Nilkanth Sadmake,



L. A.D & Smt. R.P. College for Women, Nagpur

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Head Mistress Smt. M. Potdar, Senior teacher and members of the Gram Panchayat. Shri Suresh Zade, were prominently present in the occasion.

Principal Dr. Deepali Kotwal and Vice Principals Dr. Alka Dhondge and Dr. Pooja Pathak, Supervisors Dr. D. Titarmare, and Dr. Kiran Patil lent active support and guidance in the organization of the programme. Dr. Alka Dhondge, Dr. D. Titarmare, Dr. Shipra Sarkar, Dr. Deepali Chahande, Dr. Rohini Kalikar, Ms. Nilima Waghmare donated generously for this noble cause. Dr. Neeta Kashyap, Ms. Nilima Waghmare, Teaching, Non-Teaching staff, Ku. Manisha Meshram, Ku. Kajal Tekade, Shri Thakre Bhau worked hard for the success of event. N.S.S. Unit I Coordinators, Ms Varsha Bhujbal and Ms Maya Meshram, conducted the distribution programme. (650 villagers were benefited from this programme.)

Maji vasudhana certificate 09 October 2021:-

Majhi Vasundhara #Epledge is an initiative by the department of environment and climate change. Govt. of Maharashtra to connect with every citizen at a personal level. The #Epledge will motivate each citizen to take a conscious and collaborative effort towards the betterment of the environment. The pledge suggests small actions/ changes to be taken by the citizen in their day-to-day life. These small actions/ changes if taken properly and practiced every day, can aggregate to bring about change in the environment. For the above said campaign approximate 50 NSS volunteers participated and received E-certificate.



National Level – West Zone 2021 – Jalgaon
Participation in the Pre-Republic Day Parade Selection
Camp



National Level Pre-Republic Day Camp from 01 October to 10 October 2021:

From RTMNU and LAD College Ku.AnkitaGangal, B. A. Final year student and NSS Volunteer of NSS Unit I has participated in National level Pre Republic Day Parade selection camp held at KavayitriBahinabaiChaudhari North Maharashtra University, Jalgaon from 01 October to 10 October 2021.



Food Planet Health Webinar on 23 October 2021:



In collaboration with Vegan

Outreach and RTMNU Food Planet Health a online webinar on 23 October 2021 was organized at Google meet platform. The resource person was MsKomalTehlan . The programee was about impact of food on our health, animals and the environment. The purpose of the program was to raise awareness among students about the impact of food on health, animals and the environment. College, NSS Program Officers and NSS volunteers received digital certificate i.e. appreciation certificates of participation. 65 NSS Volunteers participated.

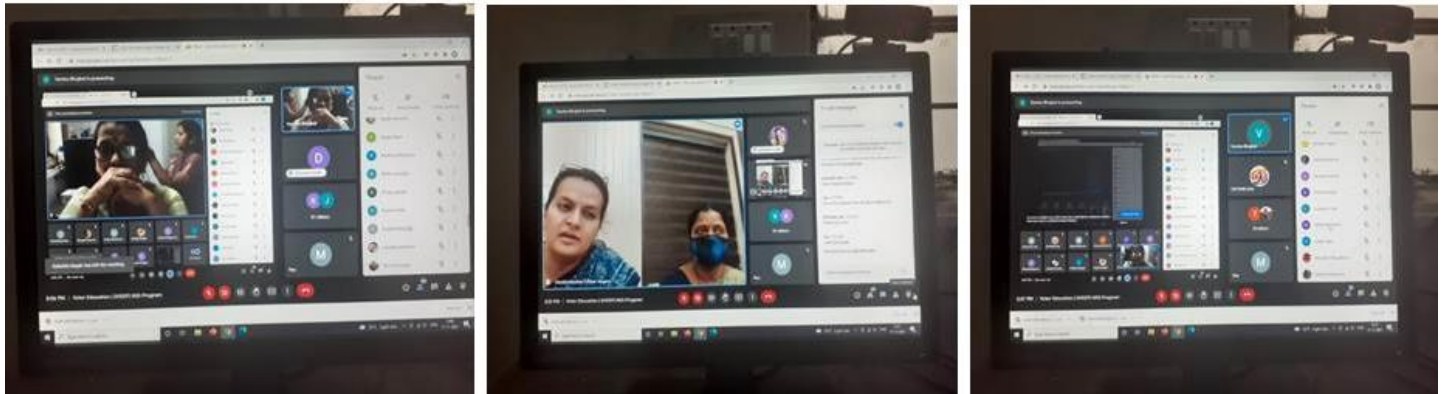
RTMNU Nagpur student parliament from 26 to 30 October 2021:

RTMNU Nagpur student parliament was organized by student development cell RashtrasantTukadojiMaharaj Nagpur University from 26 to 30 October 2021 at Town Hall, Mahal Nagpur. Dr. VarshaBhujbal was selected as mentor of ruling party of selected students from all colleges.

Voter education (SVEEP -systematic voter's education and electoral participation) on 17 November 2021:



Under the aegis Electoral Literacy club Online Voter education (SVEEP -systematic voter's education and electoral participation) program for NSS volunteers was organized on 17November 2021at LAD College Shankar Nagar campus on the Google meet platform. The Chief Guest of the programme was Smt. MinalKalaskar, Deputy Collector & Deputy Election Officer Nagpur Smt.Hema Bade, Deputy Collector & Electoral Officer, Nagpur. In her speech, Smt. MinalKalaskarexplained the importance and benefits of voter's, voter's registration and electoral literacy. He also stated the procedure of online New Voter Registration. She also shared her experiences of election work and how they managed this work skillfully working 24/7. She emphasized social awareness and responsibilities among the students and offered her best wishes to students, NSS Volunteers of College. The programme was conducted by Mrs. Maya Meshram, Programme Officer NSS Unit-I. It was a great success with the support of the Principal Dr. DeepaliKotwal, Vice Principal, Dr. AlkaDhondge, Supervisors Dr. D. Titarmare, Dr. Kiran Patiland members of NSS Ms. NilimaWaghmare, Dr. RohiniKalikar, Dr. VarshaBhujbalProgramme Officer, NSS Volunteers and officials of election office. 100 NSS Volunteers participated.



COVID -19 Vaccination camp from 28 October to 02 November 2021:

L.A.D. &Smt. R. P. College for Women Shankar Nagar, Nagpur has organized COVID-19 Vaccination camp in the college campus from 28 October to 02 November 2021 for the students and staff with the support of Health Department ofNMC, Dharampeth Zone, Nagpur. Dr. AyushDahiwale and his team has started the mission of vaccination for the students and staff.



Principal of the college Dr. DeepaliKotwal, Vice Principals Dr. AlkaDhondgeAnd Dr. Pooja Pathak, Supervisor Dr.

DurgeshnandiniTitar mare, Dr. Kiran Patil, dr.BhavanaKhapekar, Head Department of Commerce were present on the first

day. Dr. AvinashDeshmukh, Vice President of Women's Education Society has also visited the camp.

Dr. DurgeshnandiniTitar

mareDr.VarshaBhujbal, MsNilimaWaghmare, Dr. Meenakshi Kulkarni, Mrs.MayaMeshram and Ms. Kanchan Bade are working hard for the success of this camp.

Prize distribution on 25 November 2021 Poster and Video making competition:

(Short Video making on Voluntary Blood Donation and Poster Competitions H.I.V. and T.B. awareness on Saturday 25 November 2021)





Under the aegis of Red Ribbon Club NSS Unit-I, L.A.D & Smt. R. P. College had organized **Short Video making and Poster Competitions on 25 November 2021** under the

guidance of Principal Dr. Deepali Kotwal, Vice Principals Dr. Alka Dhondge and Dr. Pooja Pathak, Supervisors Dr. D. Titarmare and Dr. Kiran Patil. Both the competitions were judged by Dr. Anjali Patil SMO, ART,

Prize distribution on 25 November 2021 Poster and Video making competition:
(Short Video making and Poster Competitions on Saturday)



IGGMC, Nagpur, Smt. Tanuja Phale, DPM, DAPCU, Nagpur, and Shri Prashant Meshram, TO, GMC, Nagpur. The winners received First Prize-5000/- Second Prize-3000 and Third Prize-2000, Consolation Prizes Rs.100/-. All the cash prizes were sponsored by District AIDS Prevention & Control Unit (DAPCU) G.H.Nagpur. The certificates awarded to the participants.

The winners of Poster competition

I - Prize- Janhavi Pakade, B.COs Chemistry First Sem

II- Prize – Harshita Chauhan, B.Sc.IIIsem

III Prize - Ritu Borkar, B.A.V Sem

Consolation prizes received by Bhavna Joshi, B.A.III sem, Poorva Pathrabe, B.Sc.Isem, Mansa Dube B.C.C.A I Sem, Rituja Jaiswal, B.A.I Sem, Praneeti Rakhunde B.A.Vth Sem

The winners of short video film making competition

I Prize – surabhi maity, B.A.V Sem.

II Prize – Bhavna Joshi, B.A.III Sem



L. A.D & Smt. R.P. College for Women, Nagpur

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III Prize – Komal Thakur, B.A.I Sem

Consolation prize- NandiniChimurkar,

B.A.I Sem

Mrs.MayaMeshram,

Ms.

NilimaWaghmare , Dr. RohiniKalikar,

Dr. VarshaBhujbal and others worked

hard for the success of the programme.

National Integration Pledge On



Best NSS award ceremony at Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur – 20 November 2021:



NSS Unit I of L.A.D. College was adjudged the Best amongst all colleges of RashtrasantTukadojiMaharaj Nagpur University, Nagpur. Dr. DeepaliKotwal, Principal of the College received the University Level Best College Award for outstanding performance in NSS Activities for the year 2019-2020. Whereas Dr. Meenakshi Kulkarni, Programme Officer of NSS Unit II was conferred with the University Level Best Programme Of ficer award. Moreover Ku.Kavita Raj Maru



L. A.D & Smt. R.P. College for Women, Nagpur

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B. A. III received the Best NSS Volunteer Award for the 2019-2020. All of them were felicitated in a function organized by NSS Unit of RashtrasantTukadojiMaharaj Nagpur University, Nagpur. Hon'ble Vice Chancellor Dr. Subhash Chaudhary presided over the function Dr. Sanjay Dudhe, Pro Vice Chancellor and Dr. Raju Hiwse ,Registrar RTMNU were the Special guest of the programme. DrSopandeoPise,Director NSS, RTMNU Programmme Co-Ordinator, RashtrasantTukadojiMaharaj Nagpur University, Nagpur. The award was the outcome of integrated team work within the college.

27 November adventure camp at Wadgaon, Wardha:

Fitness Literacy Year Adventure Camp at Gyanbharti Adventure Academy 2021-2022



L.A.D.Smt.R.P.college for women had organized adventurye camp for nssvolnuteers at gyanbharti , adventure academy, wadgaon, wardha. This was co-ordinated by Mr. AvinashDeuskar and his expert team. in the camp Kriti Chauhan , JyotiPatle, AnkitaGangal, Arzoo Singh, manshasawal, komalnagulkar,Rashmi Manohare. The activity was supported by Dr. DeepaliKotwal, Principal of our college. The activity co-ordinated by Mrs. Maya Meshram and Dr. VarshaBhujbal, NSS Programme Officer.

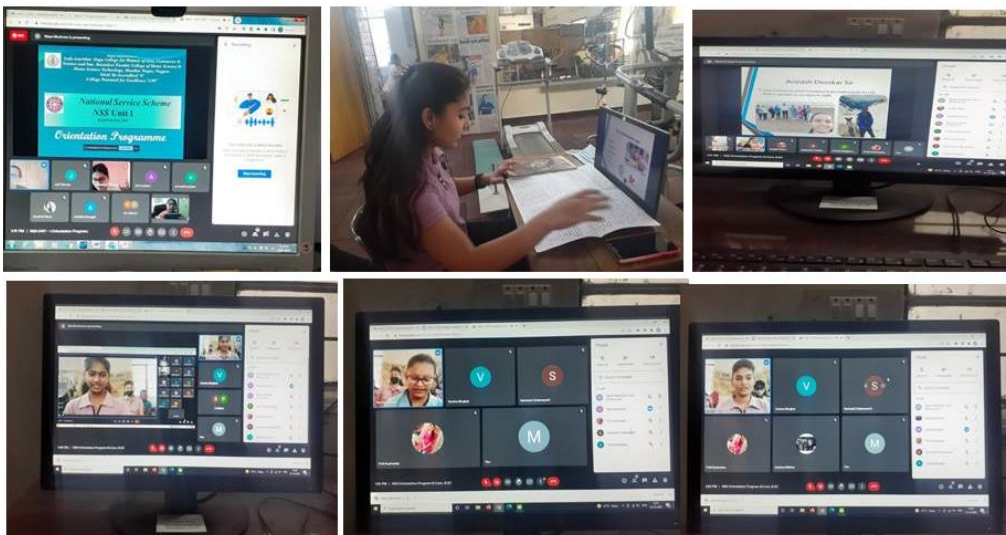


Sahsi Mission 08 december 2021:

MishanSahsi “self-defense workshop for students” had organized in collaboration with RashtrasantTukdojiMaharaj Nagpur University, Nagpur and Nagpur city police on 8 December 2021 at Kavivarya Suresh Bhatt Hall, Reshimbagh Nagpur on 08 December 2021. from NSS AnushreeLadekar, Jagruti Shukla, SamikshaShevate, Kriti Chauhan , JyotiPatle, AnkitaGangal, Arzoo Singh along with Dr. SumitaSapre. Dr. VarshaBhujbal worked as committee member for the same.

13 December 2021 Orientation Programme under the Fitness Literacy Year:

Orientation Programme under the Fitness Literacy Year



Orientation Programme for NSS volunteers was organized on 13 December 2021 under the Fitness Literacy year on google meet platform. The resource persons of orientation prgmmme was our NSS volunteers who had participated in one day adventure camp.Kriti Chauhan , JyotiPatle, AnkitaGangal,



Arzoo Singh, ManshaSawal, KomalNagulkar,Rashmi ManohareWas the Resource Persons of The Programme.



Mansha Sawal presented power point presentation on the activities which was done by the all NSS Volunteers and NSS Programme Officers. Activities like ice breaking, rappelling, wall climbing, smiley rope, bridge crossing, map reading with finding hidden slogans. She shared her adventure activities experience on virtually with newly NSS volunteers. Kirti Chouhan Jyoti Patle, Ankita Gangal, Arzoo Singh, Mansha Sawal, Komal Nagulkar,Rashmi Manohare also shared their views and experience with them. They emphasized that this NSS activity is basically a personality development and confidence building activity as it enhanced the sense of courage, leadership quality, social awareness and responsibilities among the students. The programme was conducted by Mrs. Maya Meshram, Programme Officer NSS Unit I. It was a great success with the support of Dr. Deepali Kotwal, Principal, Vice Principal, Dr. AlkaDhondge, Supervisors Dr. D. Titarmare, And Dr. Kiran Patil and Members of NSS Ms. Nilima Waghmare, , Mrs. Maya Meshram And Dr. Varsha Bhujbal, NSS Programme Officers Actively Participated In The Same



National Integration Camp from 16 to 22 December 2021:

Kirti Surendra sinh Chauhan, B.Com Final year student and NSS Volunteer of NSS Unit-I has been selected for National Integration Camp to be held at Jaggnath Kishor College Puruliya, West Bengal from 16 to 22 December 2021.

Goonj 26 November 2021 Himinanshu Kulkarni:

Goonj – An information about Goonj NGO was given by **Himinanshu Kulkarni in our college on 26 November 2021.** Mr.HimanshuKulkarni is associated with Goonj and worked for it. He showed various good made be reuse clothes to spread the campaign.



Young
Inspira
tor

Network (YIN) Sakal of college level president and vice president elections on 21 December 2021:

Young Inspirators Network Sakal had organized college level president and vice president elections on 21 December 2021. From NSS Unit I Mansha Sawal, B.A.Final Year and Kirti Chavhan B.A.Final Year NSS Volunteers participated. In the election Mansha Sawal was elected as president and Kirti Chavhan was a vice president.

Virtual suryanamaskar programme 14 January 2022:

Government of India, ministry of Ayush, New Delhi directed to organize virtual Surya Namaskar Programme on 14 January 2022 to mark the holy occasion of Makar Sankranti under the Azad iKa Amrit Mahotsav celebration. Under the directions of above mentioned ministry NSS unit-I organized virtual Surya Namaskar Programme on 14 January 2022. 07 NSS volunteers along with Mrs. Maya Meshram, Ms. NilimaWaghmare and Dr. VarshaBhujbal participated for the same.



POCSO Act 2012 on 28 January 2022:

Webinar on Child sexual abuse and POCSO Act 2012 for NSS Volunteers were held on online (Google platform) on Thursday 28 February 2022. The facilitators of the programme were Swarnim Sen, Dr. Ramaya Nisal, and Dr. Aditi. All the facilitators were welcomed by Mrs. Maya Meshram. Dr. Ramaya Nisal explained about child sexual abuse and POCSO Act 2012 to our NSS Volunteers. She also shared her clinical practice experiences with NSS Volunteers. She emphasized social awareness and responsibilities among the students and offered her best wishes to students, NSS Volunteers of College. The programme was conducted by Mrs. Maya Meshram, Programme Officer NSS Unit-I. The programme was a great success with the support of the Principal Dr. DeepaliKotwal, Vice Principal, Dr. Alka Dhondge, Supervisors Dr. D. Titarmare and Dr. Kiran Patil and members of NSS Ms. NilimaWaghmare, Dr. Rohini Kalikar, Dr. Varsha Bhujbal, NSS Volunteers and officials of election office.

Defensive driving on 15 February 2022:

It was the bright morning of 15th February 2022, when the NSS units of Lady AmritabaiDaga and Smt. RatnadeviPurohit College for Women, Nagpur in collaboration with Indhranu – Cluster of Colleges also had joined hands with The Yuva Daud Manch organization to conduct a workshop on the topic of

‘Defensive Driving’. This workshop was conducted under the –



One step towards Accident Free India Key Campaign. The programme was one of its kind as the organizers managed to have it in a hybrid mode, where nearly 100 students from varied departments and colleges were participating both in online and offline mode. The workshop commenced with a beautiful introduction of the theme of the day by Mrs. Maya Meshram . Along with this she also introduced the chief guest for the day , which was none other than Mr. Rajesh Wagh and Mr. Sachin Puranik . Mr. Wagh is the president of the Yuva Daud Manch and has done a lot of commendable work for road accident victims and their families. He has a long time association with the cause of road safety awareness and has successfully guided a lot of students about it through his guest lectures. His colleague and the other guest of honor Mr. Puranik is also a remarkable and knowledgeable



speaker. After the introduction ,Dr. Meenakshi Kulkarni took over the dais and requested our honorable Principal Dr, Deepali Kotwal and vice principals – Dr. Pooja Pathak and Dr. Alka Dondge to welcome our guest with plant saplings . After which Dr. Deepali Kotwal interacted with the students and expressed her views on the importance of such workshop for the students. She also briefly explained how this workshop is organized under the College’s theme for the year – Fitness Literacy. The workshop was then further carried forward by Mr. Rajesh Wagh , who explained why it is necessary for all generations to understand the concept of defensive driving , but also emphasized its utmost necessity being in the younger generation . He also explained how important it is to have a good behavior on road and also why we should be ready to help any other citizens in emergency. Along with this he also shared a few examples of accidents in and around the city and cautioned us against any reckless behavior. He also suggested some quick tips to avoid fatality of any kind .He also urged the students to encourage their friends, family and other people around them. As the college with the highest no. of participants will not only do a great deal of helping the society but also have a chance of getting their college and themselves felicitated by the Union Minister – Mr. Nitin Gadkari . The informative lecture was then succeeded by Mr. Sachin Puranik sir who explained how understanding defensive driving is the need of the hour. He also elaborated how everything we lose, can be regained and earned but once we lose our life due to a little mistake, we cannot have it back. After this the next part of the workshop was conducted by the technical head of the group, Mr. Atharva Kathode . He took us through the functioning of the Defensive Driving app(a collaborative of Tata Strive) , where there were 24 modules under the Badhti Ka Naam Gaadi program – each comprising of a short video and a quiz related to it . These videos covered all aspects necessary in Defensive Driving like the do’s and don’ts, the necessary precautions etc. .

The Videos had format in which notable actor – Mr. Vijay Raaz plays the protagonist and tries to make the audience understand the rules and regulation by talking with the ghosts of the dead victims of accidents. Once all the students had finished attempting the quizzes, Mr. Wagh made all the NSS volunteers and teachers take a pledge to create awareness and drive responsibly on road. Towards the end, of the workshop Ms. Rashmi Kochey proposed the vote of thanks to all the dignitaries, the college management and NSS volunteers and coordinators. After which the program was officially concluded with the national anthem. Special thanks to Dr. Deepali Kotwal , Dr. Pooja Pathak , Dr. Alka Dhondge , for their guidance and support and all the NSS Committee Members for motivating the students to participate in the need of the hour Programme.

07 days NSS Training programme attended by Mrs. Maya Mesrham NSS Programme Officer from 03 to 09 February 2022:

Ministry Of Youth Affairs Government Of India, Ministry Of Youth Affairs And Sports NSS Empanelled Training Institution Maharashtra NSS ETI Ahmednagar College Ahmednagar had organized 07 days NSS Training programme for NSS Programme Officers from 03 to 09 February 2022 at Ahmednagar College, Ahmednagar. The programme was coordinated by D. Carthiguen,



Regional Director, NSS Pune, Maharashtra, Dr. S. Burude, Head & Co-Ordinator NSS ETI Ahmednagar College. After completion of training programme Mrs. Maya Meshram, NSS Programme Officer received certificate of training.

Ankita Gangal and Mansha Sawal completed second phase of POCSO:

Under the aegis of “Rakshin Project” Ku. Ankita Gangal and Mansha Sawal B.A.Final Year Students had completed second phase of POCSO during the month of January 2022. Rakshin Project is to educate, train support empower and build the capacity of NSS Volunteers across the nation so as to develop an understanding of protective legislations like the POCSO ACT 2012. Recognize gender based violence and child sexual abuse as a violent of one’s rights. POCSO ACT 2012, the act is a comprehensive law enacted with the objective of protecting children from a sexual offence like sexual assault sexual harassment and pornography while safeguarding the interest of the child at every stage of the judicial process by introducing a child friendly mechanism for reporting, recording. This statute has 9 chapters and 46 sections.

Video Competition on Voluntary Blood Donation:

Under the aegis of Red Ribbon Club NSS Unit-I, L.A.D & Smt. R. P. College had organized **Video Competition on Voluntary Blood Donation** on 22 February 2022. The competition conducted under the guidance of Principal Dr. Deepali Kotwal, Vice Principals Dr. Alka Dhondge and Dr. Pooja Pathak, Supervisors Dr. D. Titarmare and Dr. Kiran Patil. The competition will be judge by the officials of Dr., IGGMC, and Nagpur. In the competition three NSS volunteers participated in the same. the prizes are as follows:

First Prize:

Bhavna Joshi, B.A.Seond Year

Second Prize:

Surabhi Maity, B.A.Final Year

Third Prize:

Janhvi Pakade, B.COChemistry First Sem



Selfie with slogan competition on HIV and AIDS

25 February 2022:

Under the aegis of Red Ribbon Club NSS Unit-I, L.A.D & Smt. R. P. College had organized Selfie with slogan competition on HIV and AIDS on 25 February 2022. The competition conducted under the guidance of Principal Dr. Deepali Kotwal, Vice Principals Dr. Alka Dhondge and Dr. Pooja Pathak, Supervisors Dr. D. Titarmare and Dr. Kiran Patil. The competition will be judge by the



officials of Dr., IGGMC, and Nagpur. In the competition eleven NSS volunteers participated in the same.

First Prize;

Mayuri Poharkar, B.Com. Second Year

Second Prize:

Samiksha Shevate, B.B.A. First Year

Third Prize:

Ananya Manohare, B.Com. Second Year

Defensive driving awareness campaign programme with reference to road safety on 06 March 2022



Defensive driving awareness campaign programme with reference to road safety on 06 March 2022:

Under the concept of “one step towards accident free India” was launched by Hon. Nitnji Gadkari. The **Defensive drive awareness campaign** programme was organized in collaboration with Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur. Hon. Vice Chancellor Dr. Subhash Chaudhary, Hon. Pro. Vice Chancellor Dr. Sanjany Dudhe, Dr. Sopandeo Pise, Director, NSS, Shri Sarang Awad, Deputy Collector, Traffic Department, Nagpur, Shri Ravindra Bhuyar, RTO, Nagpur, Shri Lukas Saldhana, Lead Administration Tata Strive Mumbai, Shri Devdatt Patre, Lead Infrastructure, Tata Strive Mumbai, Shri Mohit Deshpande, Shri Rajesh Wagh, Chairperson Yuva Daud Manch, Member, Rashtriya Sadak Suraksha Parishad, Bharat Sarkar, Shri Ravindra Deshpande, Yuva Daud Manch were graced the inaugural function. Three prizes were declared in the programme. L.A. D. College received second prize for campaigning. From NSS Unit-I 10 NSS Volunteers



participated along with Mrs. Maya Meshram and Dr. Varsha Bhujbal. For the above said matter online Defensive drive campaign certificate received by 40 NSS Volunteers

University level “world women’s day programme” on 08 march 2022:

Rashtrasant Tukadoji Maharaj Nagpur University Nagpur, National Service Scheme had organized University level “World Women’s Day Programme” on 08 March 2022. On the occasion the Chief Guest was Prof. Vijaya Marotkar , a renowned writer and poetess was graced the occasion. Hon. Pro. Vice Chancellor was chairperson of the programme. The programme was conducted by Dr. Sopandeop Pise, Director, NSS, RTMNU. From our college Ku. Arya Chopde, Ku. Komal Thakur along with Mrs. Maya Meshram and Dr. Varsha Bhujbal were present the occasion.

**District Level
Run for Equality Marathon for Women 2022**



Run for equality marathon for women on 13 march 2022:

On the occasion of “International Women’s Day 2022” Break The Bias Women’s Marathon , Run For Equality And Safety Was Organized By District Administration, Nagpur On 13 March 2022. From LAD College around 12 NSS volunteers along with Mrs. Maya Meshram , NSS Programme Officer participated in the same



Mask Making Competition on Tuberculosis on 22 March 2022:

Under the aegis of Red Ribbon Club NSS Unit-I, L.A.D & Smt. R. P. College had organized Selfie with slogan competition on Tuberculosis on 22 March 2022 in the NSS Special camp 2021-2022 at Sanjivan Socio Medical foundation, amgaon deoli the-hingna, Nagpur. The competition conducted under the guidance of Principal Dr. Deepali Kotwal, Vice Principals Dr. Alka Dhondge and Dr. Pooja Pathak, Supervisors Dr. D. Titarmare and Dr. Kiran Patil. The competition will be judge by the officials of Dr., IGGMC, and Nagpur. In the competition Fifteen NSS volunteers participated in the same. the prizes are follwos

First Prize:

**Komal Nagurkar, B. A. Second year
Kaveri Patle, B. A. First Year**

Second Prize

Twinkal Waghmare, B.A. Second year





Dimple Yadav, B. A. Final year

Third Prize

Pallavi Varma, B.Com. First year

Priti Kushwaha, B.Com. First Year

University Level

Participation in the Eco Brick Workshop 2022

Eco bricks workshop on 26 March 2022:

Institute of science NSS unit has taken up the initiative of eco bricks campaign and works on it from last two years. The eco bricks workshop was conducted at institute of science on 26 March 2022 to make the NSS volunteers understand the importance and need of eco bricks. ku. ankita gangal, B.A.Final year, Ku. Dimple Yadav, B.A.Final Year, Ku. Kirti Chauhan, B.Com. final Year, Ku. Komal Nagurkar, B.A.Second year participated in the same.

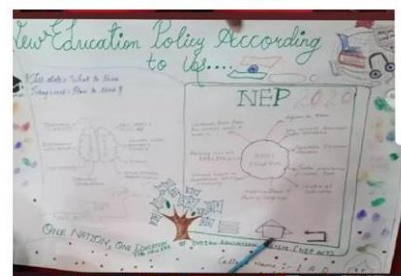


University level

Participation in Scientific Approach for Self-reliant India Workshop - 2022

Workshop on Scientific Approach for Self-Reliant India on 29 March 2022:

On the occasion of “Azadi Ka Amrut Mahotsav” a Workshop on Scientific Approach for Self-Reliant India



on 29 March 2022 had organized at convocation hall Chhatrapati Shivaji Maharaj, Administrative Premises Nagpur. Hon. Prof Vice chancellor was the chairperson of the occasion. Dr. Dattatreya Wathmode was the chief guest of the programme. Two guest speaker were Shrimati Shailja Outi, State Organization Commission Mumbai, Shri Pankaj Vanjare , Maharashtra State Organizer, Andhvishwas Youva Shakha. From our college fifteen NSS Volunteers prominently presented in the workshop and they received certificate of participation.



Workshop on Nutritious Traditional Food Recipes On 13 April 2022:

Under the aegis of Poshan Abhiyan (Poshan Pakhavada) by Government Of India, Ministry Of Women & Child Development and in collaboration with department of Home Economics and NSS Unit I had organized “nutritious recopies Workshop” for NSS volunteers on 13 April 2022 at Home Economics Department.. Dr. Vandana Fulezele, Head Department Of Home Economics and Dr. R Kalikar demonstrated various recipies for our volunteers. Dr. Varsha Bhujbal and Mrs Maya Meshram along with our NSS volunteer participated.

