



DR. NANDA RATHI

DESIGNATION: PROFESSOR & HEAD, DEPARTMENT OF HOME SCIENCE

ACADEMIC QUALIFICATION: M.Sc. HD, M.Phil., Ph.D.

WORK EXPERIENCE: 21 YEARS

Research Contribution

- "Academic achievement, study habits and loneliness of children of employed and unemployed mothers" published in the Indian Journal of Psychometry and Education, Vol. 30, No. 1, January 1999, ISSN: 0378-1003.
- "Marital adjustment and life satisfaction among the women of early and late marriage" published in Psycho-Lingua, Vol. 29, No. 1, January 1999, ISSN: 0377-3132.
- "Correlational study of mental health and personal values of hostilities and day scholars" published in Praachi Journal of Psycho-Cultural Dimensions, Vol. 19, No. 2, October 2003, ISSN: 0971-7064.
- "Moral education, moral judgement and personality characteristics- an exploratory study" published in the Indian Journal of Psychometry and Education, Vol. 33, No. 1, January 2003, ISSN: 0378-1003.
- "Immediate memory span, verbal frequency and intellectual ability" published in Psycho-Lingua, Vol. 33, No. 1, January 2003, ISSN: 0377-3132.
- "A comparative study of emotional maturity of handicapped and normal students of age 18-20 years" published in Research Journal, Vol. 2, No. 2, 2006, ISSN: 0974-0317.
- "Academic anxiety as a function of medium of instruction, sex and type of family" published in Research Journal, Vol. 3, No. 2, 2007-2008, ISSN: 0974-0317.

- "Personality traits of nutritionally anaemic and nutritionally non-anaemic adolescents" published in Research Journal, Vol. 4, No. 2, 2008-2009, ISSN: 0974-0317.
- "Achievement motivation and level of aspiration as a function of parental occupation" published in Research Journal, Vol. 5, No. 2, 2009-2010, ISSN: 0974-0317.
- "Sex and age as factor of ideal father perception" published in Research Journal, Vol. 6, No. 2, 2010-2011, ISSN: 0974-0317.
- "A study of physical and mental development of preschool children of different prakriti (vata, pitta and kapha)" published in Research Journal, Vol. 8, No. 2, 2012, ISSN: 0974-0317.
- "Parent-child relationship and moral values of children (age 6-12 years)" published in Research Journal, Vol. 9, No. 2, 2013, ISSN: 0974-0317.
- "Study habits as a function of faculty of education and sex" published in Research Journal, Vol. 10, No. 2, 2014, ISSN: 0974-0317.
- "A comparative study to see the impact of yoga on educational aspiration (EA) and test anxiety (TA) among college-going girls" published in The International Journal of Indian Psychology, Vol. 3, No. 3, 2016, ISSN: 2349-3429, ISBN: 978-1-365-03418-3.
- "Academic performance as a function of level of aspiration & gender- a comparative study amongst different streams of education" published in The International Journal of Indian Psychology, Vol. 3, No. 2, 2016, ISSN: 2349-3429, ISBN: 978-1-365-03418-3.
- "Academic achievement as a function of emotional intelligence" published in PHONIX: International Journal for Psychology and Social Sciences, Vol. 1, Issue 3, June 2017, ISSN: 2456-5180.
- "Manifest needs and intelligence- A correlational study" published in The Indian Journal of Home Science, Vol. 30, No. 1, 2018, ISSN: 0970-2733.

- "Temperamental Traits of Adolescents Studying In Professional And Non-Professional Courses" published in the International Journal of Home Science-International Open-access, Peer-reviewed and Refereed Journal, 2023, Vol. 9, No. 1, pp. 268-274, ISSN: 2395-7476, DOI: 10.22271/23957476.2023.v9.i1d.1443.
- "Children's attitude towards homework- A comparative study among CBSE and State board children" published in the International Journal of Indian Psychology (IJIP) - Psychological, Peer-Reviewed, Refereed, Academic International Journal, ISSN (electronic): 2348-5396, ISSN (Print): 2349-3429.
- "Eve-Teasing: A Matter of Concern, Better be Safe than Sorry" published in B'Adhar International Peer-reviewed Indexed Research Journal, December 2020, ISSN: 2278-9308.
- "Personal values as a function of Religiosity" published in Research Journal - Half yearly Journal of Science, Arts, Social Sciences, Commerce, Home Science and Home Science Technology, Vol. 17, No. 2, 2021, ISSN: 0974-0317.
- "Home Environment and Achievement Motivation: A Correlational Study" published in Research Journal - Half yearly Journal of Science, Arts, Social Sciences, Commerce, Home Science and Home Science Technology, Vol. 17, No. 2, 2021, ISSN: 0974-0317.
- "Stress and Mental Health of Women as a function of Online and Offline Working Mode" published in Research Journal - Half yearly Journal of Science, Arts, Social Sciences, Commerce, Home Science and Home Science Technology, Vol. 16, No. 2, 2020, ISSN: 0974-0317.

Research Paper Published & Presented in Conference & Seminars

- "A study of family relationships and behaviour problems among children (Abstract)" published in 2nd National Conference PLAI Souvenir, October 1996.

- "A comparative study of self-concept and stress among convent and non-convent students (12-15yrs.) (Abstract)" published in 2nd National Conference PLAI Souvenir, October 1996.
- "Being multifaceted: Is it a boon or a bane?" published in National Seminar "Kanyaka" Souvenir, November 2009.
- "A Comparative Study of Values and life satisfaction amongst couples of Arrange and Choice Marriages" published in Abstract book of International Journal of Researches in Biosciences, Agriculture & Technology, 2015, ISSN No. 2347-517X (online).
- "Emotional Intelligence of School Students" published in Abstract book of International Journal of Researches in Biosciences, Agriculture & Technology, 2015, ISSN No. 2347-517X (online).
- "Impressions of a counsellor" published in Abstract book of International Journal of Researches in Biosciences, Agriculture & Technology, 2015, ISSN No. 2347-517X (online).
- "Emotional intelligence as a function of sex and board of education" published in Abstract book of International Journal of Researches in Biosciences, Agriculture & Technology, 2015, ISSN No. 2347-517X (online).
- "Why 25 minutes of water play a day for preschoolers?" published in Water Conservation- Role Of Educators Conference Proceedings, 2018, ISBN No. 978-93-80985-20-6.
- "Impact of locus of control on mental health and academic achievement" presented at the 2nd National Conference PLAI Souvenir, October 1996, organized by PLAI & LAD & Smt. RP College for Women, Nagpur, National level.
- "Understanding Life Skills- A teacher's Perspective" presented at Educational reforms and its impact on suicidal ideation of students, 10-11th September 2014, organized by Smt. Binzani Mahila Mahavidyalaya, Nagpur, National level.

- "Gokul Balwadi; A real-life laboratory" presented at Value-Based Education for Quality Enhancement and Sustenance in Higher Education, 20-21 January 2012, organized by Dr. Ambedkar College, Nagpur, National level seminar.

Contribution at University Level

- Conducted paper setting and evaluation for UG & PG sessional assessments.
- Moderated theory examinations of R.T.M. Nagpur University.
- Served as a paper setter for PET Examination, R.T.M. Nagpur University.

College Level Committees

- NSS Committee Member
- Worked in L.E.C. committee
- Member of SMC – Shrinivas Public School
- Member of SMC – Bhartiya Vidya Bhavan, Ashti Branch
- Coordinator - Gokul Balwadi
- Convenor of Admission committee (PG)
- Selection committee member for Placement Meeting at Gandhi Gram College, Wardha
- Life member of H.S.A.I
- Life member of P.L.A.I
- Member- Board of Studies: Human Development
- Member- RRC - RTMNU
- Coordinator- Special Task Committee- Human Development
- Participation in National, State, and University level Conferences, Workshops, and Seminars

Sr. No.	<i>Invited Lectures</i>		
1.	Emotional Intelligence: key to success	Refresher course in Home Science sponsored by the University Grants Commission UGC- academic Staff College, RTMNU, Nagpur	3 rd December 2011
2.	Development of Research Proposal -I	Pre-PhD Workshop organized by RTMNU- UGC/HRDC, Smt. Manoramabai Mundle College of Architecture, Nagpur	06 February 2017
3.	Development of Research Proposal -II	Pre-PhD Workshop organized by RTMNU- UGC/HRDC Smt. Manoramabai Mundle College of Architecture, Nagpur	07 February 2017
4.	Evaluation of Seminars presented by Research Scholars	Pre-PhD Workshop organized by RTMNU- UGC/HRDC Smt. Manoramabai Mundle College of Architecture, Nagpur	07 February 2017
5.	Psychological Aspects of Pre-Marital Counselling	PGTD Home Science, RTMNU Campus	28 March 2023
6.	Emotional Journey of a research	Smt. Manoramabai Mundle College of Architecture, Nagpur	25 April 2023
7.	Orientation of Home Science	Jamali English School Nagpur	15 February 2024