



## **DR. SHRADDHA THACKER**

**DESIGNATION:** ASSISTANT PROFESSOR, HOME SCIENCE (HUMAN DEVELOPMENT)

**ACADEMIC QUALIFICATION:** M.SC (HUMAN DEVELOPMENT), M.A. (ENGLISH LITERATURE), B.ED., UGC-NET, PH.D.

**WORK EXPERIENCE:** 12 YEARS

### **Research Contribution**

#### **Research Paper Publications in UGC care list / Peer Reviewed Journal**

- 2024- Shraddha Thacker (Patelia) “A study of problem behaviour in social skills among children with and without siblings” Published in International Journal of Home Science- International Open-access, Peer-reviewed and Refereed Journal, <https://doi.org/10.22271/23957476.2024.v10.i1e.1588>, ISSN: 2395-7476, Vol 10 Issue 1, Pp 340-343. Available online on <https://www.homesciencejournal.com/archives/?year=2024&vol=10&issue=1&part=E>
- 2023- Patelia S., Rathi N. and Izzy A. “Temperamental Traits of Adolescents Studying In Professional And Non-Professional Courses”, Published in International Journal of Home Science- International Open-access, Peer-reviewed and Refereed Journal, 2023;9 (1):268-274. DOI: 10.22271/23957476.2023.v9.i1d.1443 ISSN: 2395-7476 available online on <https://www.homesciencejournal.com/archives/?year=2023&vol=9&issue=1&part=D>
- 2023- Patelia S., Rathi N. and Varma V. “Children’s attitude towards homework- A comparative study among CBSE and State board children” Published in the International Journal of Indian Psychology (IJIP) - Psychological, Peer-Reviewed, Refereed, Academic International Journal, ISSN (electronic): 2348-5396, ISSN (Print):2349-3429.
- 2023- Patelia S. & Rathi N. Test Anxiety as a function of achievement motivation and emotional maturity Published in Mukta Shabd Journal, UGC Care list Group-I Journal, ISSN Number : 2347-3150 Impact Factor : 4.6, Page No : 344-354 DOI:10.0014.MSJ.2023.V11I04.0086781.114237, <https://shabdbooks.com/volume-12-issue-4-april-2023/>
- 2022- Patelia S. and Patelia B. "Review Article on the Perception of God in Eleven Principal Upanishads." Published in the B. Aadhar' International Peer-Reviewed Indexed Research Journal, ISSN: 2278-9308, January 2022.
- 2020- Patelia S. & Rathi N. "Eve-Teasing: A Matter of Concern, Better be Safe than Sorry" Published in B'Adhar International Peer-reviewed Indexed Research Journal, December 2020, ISSN: 2278-9308.
- 2016- Patelia S. & Rathi N. “A Comparative study to see the Impact of Yoga on Educational Aspiration (EA)and Test Anxiety (TA) among College going girls” Published

in the International Journal of Indian Psychology (IJIP) - Psychological, Peer-Reviewed, Refereed, Academic International Journal, ISSN (electronic): 2348-5396, ISSN (Print):2349-3429.

### **Other Research Publications**

- 2021- Patelia S., Rathi N. and Kulkarni R. "Personal values as a function of Religiosity" Published in Research Journal - Half yearly Journal of Science, Arts, Social Sciences, Commerce, Home Science and Home Science Technology, Vol. 17, No. 2, 2021, ISSN-0974-0317.
- 2021- Patelia S., Rathi N. and Gadewar R. "Home Environment and Achievement Motivation: A Correlational Study" Published in Research Journal - Half yearly Journal of Science, Arts, Social Sciences, Commerce, Home Science and Home Science Technology, Vol. 17, No. 2, 2021, ISSN-0974-0317.
- 2020- Patelia S., Rathi N. and Sheikh A. "Stress and Mental Health of Women as a function of Online and Offline Working Mode" Published in Research Journal - Half Yearly Journal of Science, Arts, Social Sciences, Commerce, Home Science and Home Science Technology, Vol. 16, No. 2, 2020, ISSN-0974-0317.
- 2019- Patelia S. & Mendhe A. "Impact of Marital status on the adjustment of the Elderly" Published in Research Journal - Half Yearly Journal of Science, Arts, Social Sciences, Commerce, Home Science and Home Science Technology, Vol. 15, No. 2, 2019, ISSN-0974-0317.
- 2018- P.Gole, K.Rathi, Lubna and S.Patelia. "Life Satisfaction and Resilience as a function of Meditation" Published in Research Journal - Half Yearly Journal of Science, Arts, Social Sciences, Commerce, Home Science and Home Science Technology, Vol. 14, No. 2, 2018, ISSN-0974-0317.
- 2018- K.Rathi, Lubna and S.Patelia. "Occupational Stress and Resilience of Teachers of different faculties" Published in Research Journal - Half Yearly Journal of Science, Arts, Social Sciences, Commerce, Home Science and Home Science Technology, Vol. 14, No. 2, 2018, ISSN-0974-0317.

### **Research Paper Presentations**

- Paper Presented in 35<sup>th</sup> Biennial HSAI Conference, Meghalaya on “Problematic Behaviour Social Skills” on 17.02.2024
- Paper Presented and Published "Yoga and Emotional Well-being" in Two days Interdisciplinary International e-Conference on Boosting Immunity through Yoga, Pranayam and nutrition on 29 and 30 April 2022
- Paper Presented and Published on “Academic Anxiety as a function of Medium of Instruction, Socio-Economic Status, Sex & Type of family at National Symposium on The Right to Food, Clothing and Shelter: Step towards Healthy Nation” on 16-17 October 2007

## **Conference Proceedings**

- 2022- Patelia S. "Yoga and Emotional Well-being" Presented and Published paper in Two days Interdisciplinary International e-Conference on Boosting Immunity through Yoga, Pranayam and nutrition on 29 and 30 April 2022 Published in B. Aadhar' International Peer-Reviewed Indexed Research Journal, ISSN: 2278-9308.
- 2019- Rathi N. & Patelia S. Prevalence of Anxiety, Depression and Stress among college going adolescents in Nagpur Published in One Day National Seminar - Conference Proceedings "Aarogyam Dhan Sampada- A life-long Treasure", ISBN-978-93-80985-23-7 on 14 December 2019.
- 2018 - Patelia S. & Rathi N. "Why 25 minutes of Water Play a day for Pre-schoolers? Published in Conference proceedings "National Aqua Conference on Water conservation: Role of Educators", ISBN- 978-93-80985-20-6 on 18 December 2018.

## **Duties related to Board of Studies (RTMNU)**

Home Science Human Development

- Paper Setting for UG Home Science and PG Human Development
- Paper Moderation for PG Human Development
- Valuation for UG Home Science and PG Human Development
- External Examiner for Practical - UG Home Science

## **College Committee Responsibilities**

- Served as a member for NAAC Criteria - III.
- Acted as an Editorial Board Member for the Conference Proceedings of the One Day National Conference Green Earth – Clean Earth.
- Contributed as a Member of the Working Committee for Technical Support.
- Contributed as a Member of the Working Committee for E-proceedings.
- Served as the Teacher Incharge for AURA - Turn Coat Competition.
- Served as the Teacher Incharge for AURA - Japanese Corner.

## **Other Achievements & Accolades**

- 1<sup>st</sup> Merit in M.Sc. (Home Science- RTM Nagpur University)
- 5<sup>th</sup> Merit in B.Sc. (Home Science- RTM Nagpur University)
- Late Mrs. Vinaya Balkundi Memorial Gold Medal in 95<sup>th</sup> Convocation of RTMNU.

- Maharshi Dhondo Kesho Karve Janm Shatabdi Post Graduate Prize in 95<sup>th</sup> Convocation of RTM Nagpur University
- Awarded with Mrs Kavita Borkar Memorial cash Prize and DG Potdar Memorial cash Prize for Securing highest percentage of marks in M.Sc Human development in 2009 by L.A.D and Smt.R.P.College for Women, Nagpur.
- Awarded with Gold Medal for securing II merit position in BSc Home Science II year in 2004.
- Honored by Gujarati Samaj (Nagpur) for academic excellence from 2003 to 2007 in the field of Home Science.

### **Invited as Resource Person**

- Invited as Guest Speaker by Adarsh Vidya Mandir's KDM Girls College, Nagpur to speak on "Girls- The Nation Builder" virtually o Zoom Platform for "National Girl Child Day" on 24.01.2022
- Invited a Resource Person by NSS Unit-II -L.A.D. and Smt. R.P. College for Women for conducting workshop on "Mental Well-being" on 29.03.2022.
- Invited as a Resource Person by NSS Unit-II-L.A.D. and Smt. R.P. College for Women for conducting workshop on "Gift a Smile" – importance of moral values through interesting stories to the children of Mahurjhari Madhyamik School on 16.01.2023.
- Invited as a Judge for Healthy Tiffin Competition at CDS, Nagpur on 12.01.2024.
- Invited as a Judge for KIDSKILLS- Platform Ad Oral presentations organized by Saraswati Vidyalaya Pre-Primary School, Shankar Nagar, Nagpur on 03.02.2024
- Invited as a Resource Person to conduct a lecture on Positive Mental Health to Children on 21.02.2024 organized by NSS Unit-2, LAD and Smt. RP College for Women. Nagpur.
- Mentor- WES' Interdisciplinary Research, Ideation and Collaboration Hub IRICH
- Contributed as workshop Mentor in a Six-day workshop on Interdisciplinary Research Ideation and Exploration (IRIEW)